

LIBERTY LAKE'S COMMUNITY NEWSMAGAZINE **NOVEMBER 2015**

This way to **Liberty Lake**

Incorporation vote in 2000 paved way for city

PAGE 10



TIME IN NAVY **AIDS NOVELS PAGE 24** LONG LOVE OF 'PLAYTIME **PAGE 30**



SALON OPEN FOR BUSINESS **PAGE 34**

CITY

LIMITS

NEW NAIL









Continuing service



Newsmaker Q&A

Kaminskas brings steady leadership to City Council

By Craig HowardSPLASH CONTRIBUTOR

As Cris Kaminskas faces her third race for a seat on the Liberty Lake City Council since 2011, the tension this fall is not nearly what it was in 2009.

That year, she faced off against Josh Beckett for the position vacated by Neal Olander. When preliminary election results came in, Kaminskas was trailing by a mere 55 votes. By the time the last ballots were counted, Beckett was declared the winner. The final margin was 114 votes.

Kaminskas had faced another competitive quest for council earlier that year as one of seven applicants for another open seat. That May, Ryan Romney was appointed to fill the chair once occupied by Brian Sayrs.

Undaunted and still hoping to serve, Kaminskas' chance came when Patrick Jenkins, who had served on the governing board since 2003, moved out of state as part of a job transfer.

"I am persistent, right?" Kaminskas told those around the dais when she was interviewed as one of four candidates for Jenkins' position in January 2010.

Kaminskas was appointed to fill the remainder of Jenkins' term and ran unopposed for a full term in November 2011. This autumn, the current mayor pro tem will again face a void of competition in her bid for re-election.

Born and raised in the suburbs of Cincinnati, Kaminskas earned her bachelor's degree in psychology from Miami University in Oxford, Ohio, before making progress on her master's in business administration at the University of Tampa.

Cris, her husband, Scott, and their son, Kyle, moved to Liberty Lake in 2006 after she accepted a job as a senior program manager with KeyTronic Corp. Overall, Kaminskas has spent 21 years in the electronics manufacturing field on the program management side.

In her spare time, Kaminskas enjoys playing the piano, reading and trail running. She is parlaying her trademark persistence into a goal of running a 50K ultratrail race next year.



SPLASH PHOTO BY CRAIG HOWARD

Cris Kaminskas has been part of the Liberty Lake City Council since January 2010. The Ohio native is currently serving as mayor pro tem and is running unopposed in this month's general election.

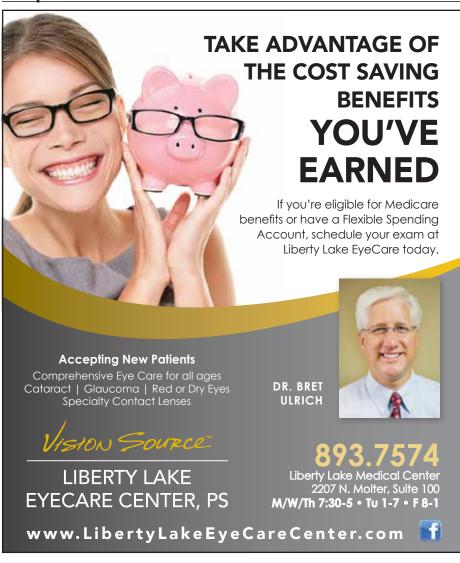
You are running for re-election without a challenger this month. What was your reaction when you found out three of the council races as well as the mayor's bid for re-election would appear alone on the ballot?

I was obviously relieved when I discovered that I was unopposed. The time I don't have to spend campaigning is time I can work on council business. I like to think we're unopposed because we're doing a good job. However, the reality is that there just aren't enough people who are interested in serving or who have enough time to serve. I recently calculated that, on average, I spend more than 40 hours a month on council activities. That's time away from my family, so I understand why people don't want to make that kind of commitment for four years at a time. What scares me about having so few people interested is that we could end up with someone elected to a position - council or mayor - who is totally unqualified for the position. An unopposed mayoral election is the scariest what if a qualified individual doesn't run?

Q: What do you recall about your first campaign for City Council in 2009 when you faced Josh Beckett?

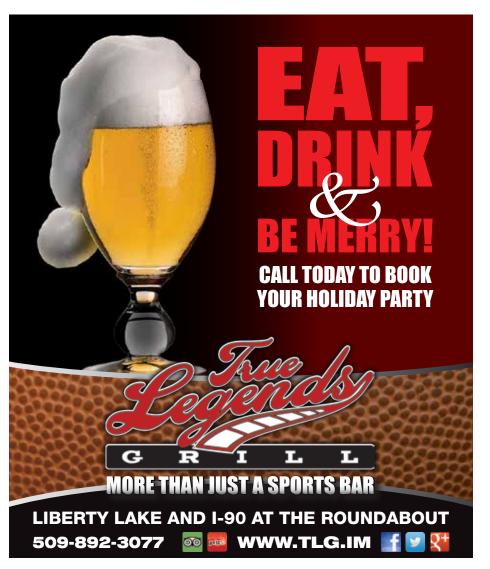
A: The campaign between Josh and I was very friendly. We talked often and discussed the fact that it was too bad that we

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NEWS

KAMINSKAS

Continued from page 2

were running against each other. I remember the candidate forum for that election well. We didn't take jabs at each other and shared a few quiet laughs together. I enjoyed serving with him, and we're still good friends today.

Q: After you narrowly lost that fall, did you know that you would run again or, in your case, throw your name into the hat again for a council appointment?

A: I had been attending council meetings on a regular basis since interviewing for an appointed position earlier that year when Ryan Romney was appointed. I actually may have attended more meetings during that time period than some of the sitting council members. After the election, I was weighing my options, including volunteering with Friends of Pavillion Park. However, I continued to attend meetings to stay informed. Not long after that, I got wind that Patrick Jenkins would be resigning due to an out-of- state move, so I jumped at the chance to try again.

Q: What was your first year like as a representative of the City Council?

A: The paperwork was quite a surprise. Listening from the audience at a meeting is quite different than reviewing meeting



packets that can range from 15 to over 300 pages long. I have to say, though, that 2010 was a hard year to come on board with regards to the budget. We were in a recession, and 2010 was the year we implemented the 6 percent utility tax, reduced library hours, closed Trailhead over the winter, laid off Mollie Thola and Ron Knudsen, all while trying to figure out how to not take the council raises that the salary commission recommended. The council is bound by the commission's decision either way. Luckily, it turned out the required quorum was not present at their meeting so their vote approving raises was not valid.

Q: You've seen quite a bit of change around the dais since you've joined council. How difficult is it to establish a collaborative energy when so much shuffling is taking place?

A: The great thing about our council is that we all have a shared purpose. I strongly believe that every member through the years has served in order to be a good steward of the community's money while maintaining and improving the service levels that we have. That is what unites us all. Though we may disagree on how to do that, for the most part we maintain mutual respect and trust among the council members. It's so important to be able to voice our opinions, whether it be concurring or dissenting, without feeling like we are going to be judged by each other.

Q: Speaking of change at City Hall, your father, Bob Moore, was appointed to City Council in 2014 after a tenure on the planning commission. What has it been like to be a fellow leader with your dad?

A: Serving with my dad has actually been a good bonding experience. We are a lot alike, but not as much as I thought since we quite often cast our votes opposite each other! We really don't talk about upcoming agenda items very often. Now and then, I'll stop over and we may share our points of view or discuss some merits of an issue. That's not by design, that's just how we are — when we're together outside of council, it's family time. I actually find myself discussing issues with my son, Kyle, more than I do with my dad. Kyle has been known

to call me on the way to school to report that someone is doing donuts next to the baseball fields, that there is a broken sprinkler in Pavillion Park or that he corralled a stray dog and can I please call SCRAPS to help. Maybe we need to recruit him to City Council when my dad retires.

Q: Council addressed the long-standing sign code with several votes last month. How do you feel that discussion will affect the city moving forward?

A: The council was in agreement on all but one proposed change to the sign code — the provision to allow electronically changeable message signs in the business corridor (Appleway, Country Vista, Liberty Lake Road) failed 4-2. I'm sure the topic will come up again as we've been talking about the sign code for many years. However, there were no businesses that came to speak for or against this change. Decisions we make today will affect how Liberty Lake will look many years into the future. We need to make sure we balance the needs of our businesses with those of the people who live here — that can be a tough thing to do.

Q: Speaking of deliberated issues, you have spoken out against the utility tax in the past. Do you foresee the debate over this revenue source emerging again?

A: Our policy is to review the utility tax every year during the budget cycle so we'll be discussing it again the near future. With close to \$20 million in streets projects scheduled over the next six years, not including the Henry Road interchange, it's important to have a dedicated revenue source to take care of our roads. Property taxes primarily go to the library and police department and sales tax supports the rest of the general budget. We still need to be able to maintain our roads even if the economy goes through another downturn. Continued growth in Liberty Lake means more need for street maintenance and therefore more expense. Continued growth also means more utility tax revenue to help with the increased expenses. If there is an opportunity to reduce even part of the utility tax to help our residents and businesses, we need to look at that very seriously. I serve on the finance committee and have already asked for some preliminary figures associated with reducing one or all of the categories by at least 0.5 percent.

Q: How has serving as mayor pro tem differed from a standard council role?

A: I've really enjoyed being mayor pro tem and have felt so much more connected to what is going on. I have regular meetings with our city administrator in preparation for each meeting, and I've been more involved in community outreach than I had been before. When I ran for office in 2009, one of my goals was to improve communication with the residents. This spring and summer, I spent almost every Saturday manning the city's booth at the Farmers Market talking to people about upcoming or past projects and getting their input. I also started a Facebook page this year where I provide updates on each council meeting, upcoming events and host questions and concerns from community members. We've even had some input there from planning commission and staff members when they have answers that I don't have. I've gotten a lot of good feedback from council members about this format — they're starting to feel more connected themselves. I'm also very fortunate to have gone through an amazing job change in 2013 which allows me more flexibility in my schedule to attend more affairs on behalf of the city. I really enjoy being able to represent Liberty Lake at these events.

Q: Finally, what do you enjoy most about being a citizen and leader in Liberty Lake?

A: That's a tough question because I'm so proud of so many things in our city. I love that our parks and trails make it easy for people of all ages and abilities to get out. Friends of Pavillion Park makes sure that we have continuous family friendly events throughout the summer. Our schools are great and people care about their community. The only thing that would make me even more proud would be for the voters to approve funding of the pool and community center. What a fantastic addition that would be to Liberty Lake.



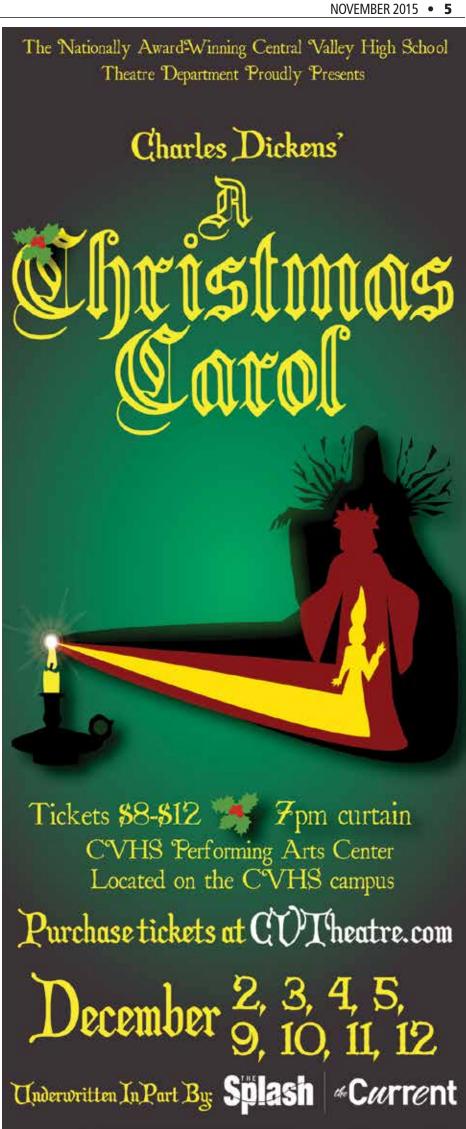












NEWS

Police Report

The following items were among those reported by the Liberty Lake Police Department from Sept. 21 to Oct. 19. The report is listed in chronological order.

Incidents and arrests

- Assault A 22-year-old Post Falls man was arrested at 11:50 a.m. Sept. 21 at the 1200 block of North Etta Court. A woman reported that the Post Falls man, her son, had assaulted her boyfriend and was in need of medical attention as he had been cut by glass. Officers arrived and located the man walking down the road near the residence. Medics arrived to assist with his hand, and an officer then transported him to an area hospital for care. He was later transported to the Spokane County Jail, where he was booked for domestic violence assault and malicious mischief.
- Fraud At 10:14 a.m. Sept. 22, LLPD responded to the 20000 block of East Baldwin after receiving a call requesting to speak to the officer who had just called telling her she needed to wire more money to California to cancel a warrant. After speaking to the caller in depth, it was learned she had wired \$983 the day prior to a man claiming to be an attorney in California after she was told doing so would clear her warrants. The caller "ghosted" their phone number and used the Liberty Lake Police Department's main line number in an effort to make her believe law enforcement was in fact contacting her. Fortunately, before any more of her money was wired, she contacted police and was alerted to the fraud.
- Burglaries A pair of homes were reported burglarized on Sept. 25. First at 2:13 p.m., LLPD responded to a burglary at the 24000 block of East Desmet Road. A woman arrived home to find the door kicked in (to an estimated \$700 in damage) and a TV valued at \$2,200 stolen. At 2:50 p.m., LLPD responded to the 22000 block of East Settler Drive. A woman reported her door had also been kicked in, although no items were reported stolen.
- **DUI and endangerment** At 6:21 a.m. Sept. 29, a 24-year-old Spokane Valley woman was arrested at East Country Vista Drive and North Henry Road for DUI, DWLS and two counts of reckless endangerment. The woman was involved in a traffic accident, and witnesses provided an officer with the vehicle plate information. As the officer was driving to the registered owner's home, he observed a vehicle pulled over to the side of the road with two flat tires on the same side. The vehicle matched the license plate and information provided by witnesses. Upon contacting the driver, he observed her to be intoxicated. As there were two small children in the vehicle, she was not only

arrested for DUI and DWLS, but also for two counts of reckless endangerment. She was booked into the Spokane County Jail.

- Eluding police At 4:12 p.m. Oct. 4, LLPD responded to an eluding call near the 1600 block of North Aladdin Road. The driver of the vehicle was traveling at speeds of 90 mph in a posted 35 mph zone. After some time, the subject pulled to the side of the road and ran from the vehicle. The officer requested a search warrant for the vehicle, and the driver's wallet and cell phone were found inside. Charges were forwarded to the prosecutor's office.
- Arrest A 35-year-old Spokane Valley man was arrested at 9:56 p.m. Oct. 6 at the 1600 block of North Aladdin Road for possession of stolen property and resisting arrest. An officer observed a stolen vehicle parked at the location, and upon waiting for another unit, a man came out of the residence and got into the stolen vehicle. A white SUV left the residence at the same time pulling directly behind the stolen vehicle in an apparent effort to create distance between the patrol car and the stolen vehicle. Another unit arrived, and a traffic stop was initiated for both vehicles. Both vehicles engaged in a pursuit. The man was apprehended after fleeing the vehicle and leading the officer on a foot pursuit.
- Assault At 5:39 p.m. Oct. 10, LLPD responded to the 22000 block of East Country Vista Drive for a domestic violence assault. The complainant called to report a male subject had body slammed a 16-year-old male. The officer observed the teen to have injuries around his neck area where he was grabbed by the subject. Because the subject could not be located, charges were forwarded to the prosecutor's office for second degree assault domestic violence.
- Neighborhood pursuit A 29-yearold Newman Lake man was arrested at 4:30 a.m. Oct. 12 at East Indiana Avenue and North Aladdin Road for obstruction and outstanding warrants. He was first seen riding a bicycle in the middle of the roadway wearing all black clothing with no required lighting attached to the bicycle during the hours of darkness. The officer made contact with the man and was advised by radio he had an outstanding felony warrant. The man then took off on foot, jumping fences into residential backyards. A K-9 unit was called to track him, and he was found hiding in a wicker basket on the back porch of a house nearby. He was booked into Spokane County Jail for obstruction and on felony warrants for drugs and assault.
- Indecent exposure At 4:37 p.m. Oct. 12, LLPD responded at the 1800 block of North Pepper Lane for indecent

0 /	
Alarm	2
Animal problem	2
Assault	1
Burglary	3
Child abuse or neglect	1
Citizen assist	4
Citizen dispute	2
Domestic violence	
DUI	3
Fraud	1
Fugitive	3
Harassment	1
Indecent exposure	1
Lost or found property	1
Malicious mischief	1
Not classified	7
Possession of stolen property	1
Property damage	2
Property theft	2

Suspicious person/circumstance

Calls for service

Agency assist

Citations

Traffic accident

Traffic offense

Vehicle prowl

Vehicle theft

Welfare check

Violation of court order

Assault	1
Defective tail lights	1
DUI	3
DWLS	13
Expired registration	3
Failure to stop/yield	3
Following too close	2
Ignition interlocks	1
Improper signal	2
Liability insurance	14
Malicious mischief	1
Negligent driving	1
No stop lights or signal	2
Obstructing law enforcement	2
Open container	2
Prohibited turn	1
Reckless endangerment	1
Speeding	23

Reported by the Liberty Lake Police
 Department, Sept. 21 to Oct. 19

exposure and fourth-degree assault. A hotel employee reported a male came into the location and requested a room large enough to accommodate four to five people. The subject was shown a room and then proceeded to ask the victim a series of sexually explicit questions, then took off his clothing. The subject then exposed himself to the victim and touched her without permission. The victim ran downstairs and called 911. Officers arrived on scene shortly after, but the male had already left the location.

SVFD Report

A total of 86 emergency calls originating in greater Liberty Lake* were reported by the Spokane Valley Fire Department between Sept. 23 and Oct. 21, as follows:

Emergency medical service calls	65
Motor vehicle accidents	5
Fires	4
Service calls	4
Building alarms	2
Hazardous materials	1
Unauthorized burning	2
Dispatched and cancelled en route	3

*This report reflects the service area for SVFD Station No. 3 in Liberty Lake, which includes areas inside and outside of city limits

Highlights

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- Outdoor burn ban lifted SVFD and the city of Liberty Lake lifted a lengthy burn ban (issued June 17) on Oct. 23, making outdoor recreational fires legal again.
- Motor vehicle accidents SVFD crews responded to a series of early morning incidents on I-90 on Sept. 28. At 7:35 a.m., a four-car accident westbound at Appleway was reported blocking the inside lane, with one car in the median. One person was transported to the hospital. At 8:25 a.m., a three-car non-injury accident was reported just east of Barker. At 8:52 a.m. a third call came in from the accident scene, reporting a male driver in medical distress. An ambulance was dispatched, and the driver was transported.
- Hazardous material leak Just before 6 p.m. Sept. 29, SVFD crews were dispatched to the 21900 block of East Mullan Lane in response to a flammable liquid spill. Upon arrival, crews found fluid leaking from under a parked dump truck in a dirt lot. The liquid was diesel fuel. The driver had built a dam to contain the fuel in one area, and crews used absorbent to soak up the containment puddle. However, they estimated about 25-30 gallons had already leaked into the soil. The Department of Ecology was contacted.
- Laundry room fire SVFD crews responded to a fire in a two-story home in the 2000 block of North Grady Lane just before midnight Sept. 30. The residents were alerted by their smoke alarm to a fire in the laundry room. They used a bucket to put water on the fire and safely evacuated. The cause of the fire was an overheated ceiling fan.
- Landscape bark fire Shortly after 1:30 p.m. Oct. 15, SVFD crews responded to a report of a fire outside a commercial building in the 24000 block of East Mission Avenue. A security guard led crews to a landscape bark area that had caught on fire earlier and had flared back up in the wind. Crews soaked the area with water. Landscape bark and potting soil are highly flammable.

NEWS

News Briefs

New K-2 school named

A new school scheduled to open for the 2017-2018 school year has a name that reflects both its geography and its purpose.

Liberty Creek Elementary was officially adopted by the Central Valley School Board Oct. 12 as the name for the new school that will be constructed on the vacant lot east of Liberty Lake Elementary. The school will serve kindergarten through second-graders, thereby transitioning Liberty Lake Elementary to a school for grades 3-5.

"Just like a creek that flows into the lake, Liberty Creek School will set its journey to successfully impact K-2 kids in the right direction towards Liberty Lake Elementary third-fifth grades," said Shanna Hale, a Liberty Lake resident and parent who was part of an advisory committee that gathered ideas for the school's name from the community and narrowed it to three finalists for the school board.

The actual body of water called Liberty Creek feeds from the mountains south of Liberty Lake through Liberty Lake County Park and into the lake, an area that future Liberty Creek Principal Jerrol Olson recalls exploring as a child.

"I anticipate that in the near future students of Liberty Creek Elementary will have many opportunities to hike alongside the actual Liberty Creek as it feeds into Liberty Lake," he said. "My hope is that they make connections to their surroundings and better understand the importance of how these eco-systems work together, and perhaps how the success they experience at Liberty Creek Elementary feeds into the success they experience at Liberty Lake Elementary."

Construction of the school is scheduled to begin in January and finish in March 2017.

Ballots due Nov. 3

Ballots for the 2015 General Election were mailed mid-October by the Spokane County Elections office. Voters have until 8 p.m. Nov. 3 to return their ballots either by mail or via drop boxes, such as the one at Liberty Lake Municipal Library, 23123 E. Mission Ave.

Any registered voter who did not receive a ballot can contact the Elections office at 477-2320. For information on local candidates, visit www.spokanecounty.org/elections.

ORV Park reopened

Spokane County Parks Department reopened the Liberty Lake ORV Park on Oct. 5. The park was closed to motorized vehicles in mid-August due to dry conditions and high fire danger.

For more, visit www.spokanecounty.org.

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NEWS

Council votes to ease sign standards

By Craig Howard

SPLASH CONTRIBUTOR

The Liberty Lake City Council approved a new sign code Oct. 6 that will allow for broader interpretations of signs along I-90 as well as signs that can be utilized by the city, Liberty Lake Sewer and Water District and other public entities. Regulations for signage along major corridors like Appleway and Country Vista will stay the same.

Following through on a consensus from discussion at its August retreat, council agreed to dissolve an overlay area around the Harvard Road/Liberty Lake Road interchange where large free-standing signs had been barred. Removing the restriction means businesses in and around the well-traveled area can now utilize signage up to 30 feet tall.

Council also agreed to allow electronically changeable message signs (ECMS) along the I-90 corridor on properties within 250 feet of the freeway. Gregg Dohrn, a consultant who has moderated the discussion on the sign standards, emphasized that the city will have authority to determine the brightness, duration of the message and message transition. There will be no limits on the color used on the ECMS while such signs can run at any hour of the day.

"I believe the design controls will be sufficient to protect the dignity that we have come to expect in Liberty Lake," said Council Member Dan Dunne.

Council Member Bob Moore brought up a request he had made back in the summer to Dohrn and city staff regarding potential impacts of widespread ECMS. Amanda

IN THE BOOKS, ON THE DOCKET

A look back and ahead at news from City Hall

By Craig HowardSPLASH CONTRIBUTOR

In the Books (October)

- The Liberty Lake Police Department hosted the fifth annual Community Domestic Violence Symposium on Oct. 24.
- City Administrator Katy Allen said the city is looking at "a systems analysis" of traffic patterns along major arterials of Country Vista, Mission and Appleway that would include an evaluation of properties that are vacant and underutilized. Allen said the research would compile "numbers at buildout" that would help the city determine the need for transportation upgrades.
- At the beginning of the Oct. 20 City Council meeting, during the citizen comments portion, a letter was read into the public record from resident Tricia Usab that referred to city's decision to lay off longtime Parks and Recreation Director Michelle Griffin in September. Usab expressed concern that the city would be offering fewer recreational opportunities due to Griffin's departure.
- An electronic speed tracking sign has been installed near Rocky Hill Park as a reminder to motorists of the posted speed limit. Illuminated pedestrian beacons will be added near Liberty Lake Elementary and the intersection of Mission and Malvern in the next two weeks.
 - Mayor Steve Peterson presented

Gregg Dohrn with a plaque of recognition for his work helping staff and City Council consolidate and update the comprehensive plan. The mayor noted that Dohrn's support was integral to the city completing the process before any other jurisdiction in Spokane County.

- Council moved from a first read to second read and approval of Ordinance 224 on Oct. 6, adopting a policy for abatement of chronic nuisance properties. Allen said the ordinance would give law enforcement more authority to deal with suspected drug houses and other properties that create a public safety concerns.
- City Engineer Andrew Staples presided over a workshop on Oct. 6 regarding potential traffic issues and calming measures on Mission Avenue. Some 600 employees are expected to eventually be in place at the new Comcast office at the Meadowwood Technology Campus. The city is proposing a roundabout at Mission and Molter to deal with the increase in traffic while Council Member Shane Brickner has led the campaign for a right-turn only exit out of the facility onto Mission and a dedicated entrance to the north.
- City Hall hosted a public meeting on Oct. 8 to discuss ideas for Orchard Park, the city's newest greenspace project. Attendees provided feedback and learned about the proposed schedule for the park's master plan and construction.
- The city announced distribution of funds to local nonprofits from \$10,000 approved earlier this year. Rotary East received \$5,000 toward two soap box derby cars utilized by children with special needs. The HUB was granted \$2,500 as was the Greater Spokane Substance

Abuse Council.

• Council approved a project management contract with OAC Services Inc. for Town Square, phase II, which includes an aquatic facility and community center targeted for a public vote in 2016. Thaxton Parkinson PLLC was approved as legal representative for the project.

On the Docket (November)

- Allen will provide design review updates on a pair of transportation projects slated for 2016 the renovation of Liberty Lake Road and construction of the Mission/Molter roundabout.
- Public hearings on the 2016 proposed city budget are scheduled for the Nov. 3 and Nov. 17 council meetings.
- Council will hear a presentation from Greater Spokane County Meals on Wheels on Nov. 3 with an emphasis on services in Liberty Lake.
- At the same meeting, Greater Spokane Inc. will present an update on the regional economic site selector 3.0 project.
- Peterson is expected to confirm the appointment of a new member of the planning commission on Nov. 3 from three applicants. The appointee will replace Mike Kennedy.
- A presentation on the schematic concepts for Orchard Park is on the agenda for Nov. 17.
- Amendments to the public improvement list for the Local Infrastructure Financing Tool (LIFT) will be discussed at the Nov. 17 meeting.
- Council will decide on the property tax levy rate for next year at its Nov. 17 meeting.

Tainio, Planning and Building Services manager, told Moore and his council colleagues that there are 60 potential properties that could utilize ECMS along the corridor.

"That's significant when you look at the

possibility of 60 electronically changeable message signs in that area," Moore said. "The planning commission didn't have that information when they made their recommendation (approving ECMS) to council."

Representatives of local businesses spoke in support of ECMS on Oct. 6. Many of the voices were familiar to those around the dais.

"It's not going to be much different from what we have right now," said Jordan Dummit of R'nR RV, who emphasized ECMS used by the business would display the company logo along with images of various RV brands.

Eric Rock, a Liberty Lake resident and owner of Consign Furniture, said the prospect of relocating into the long vacant Ashley Furniture site on Country Vista Road would be an uphill battle without ECMS.

"We're not a big box retailer," he said. "It's hard to think what kind of risk we would entail without proper signage."

Mayor Pro Tem Cris Kaminskas said she

originally opposed the idea of ECMS on I-90 until hearing of challenges faced by businesses like Allsport, which eventually ran out of building space for advertising purposes.

"I think it's something we can handle," Kaminskas said.

Mayor Steve Peterson said he counted 63 large signs on a recent drive between the Barker exit and the Spokane Airport. Less than 10 percent, Peterson said, featured electronically changeable messaging. The new policy still leaves entities beyond 250 feet from I-90, like the HUB Sports Center, facing the same sign exclusions mapped out in the old code.

While council agreed that public entities should be able to utilize ECMS to post notices and promote various events, opinions were divided on the issue of retailers along Appleway and Country Vista incorporating the same technology. Council Member Keith Kopelson said such signs around

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M|Tu|W|F 8-5 Th 10-7 Closed Sat & Sun

NEWS

COUNCIL

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town would "impact the ambiance" of Liberty Lake.

Moore said he had concerns about Liberty Lake "becoming like Sprague Avenue or Spokane Valley."

"One of the things that makes Liberty Lake a unique community is our sign code," he said. "I have no problem with electronic changeable message signs along I-90 but I do along these corridors."

Council Member Odin Langford countered, saying the city had a responsibility to support retailers in all parts of town.

"It's hard for me to say that I'm for the businesses on I-90 but not for the businesses along these corridors," he said.

Charles Matthews of the planning commission said he and his colleagues recommended ECMS along Appleway and Country Vista "because businesses here cannot survive on Liberty Lake business alone."

"We're seeing a lot of empty storefronts," Matthews said. "We need to help our local businesses."

Jeff Sitton, another member of the planning commission, said, at one time, he was "one of the biggest opponents of changing the sign code" but now sees the importance of a code that facilitates promotion that translates to business success. The resulting tax revenue "helps pay for the construction of pools and other things," Sitton said.

In voting "to keep the integrity of the downtown business corridor," Kaminskas said retailers cannot always blame a restrictive sign code for their struggles. Some existing signs are difficult to read, she said, while issues like customer service and pricing also come into play. She added that a citywide wayfinding sign program with uniform placards could still be revisited.

"Sometimes it's just poor marketing, not just missing signs," she said.

Council Member Shane Brickner said he supported ECMS within the city based on conversations with local business owners as well as some outside the city who said they would not consider locating in Liberty Lake because of overly stringent sign standards.

Ultimately, council voted 4-2 to delete ECMS within the downtown corridor from the revised development code. Kaminskas, Kopelson, Moore and Dunne were in the majority. Langford and Brickner opposed the measure. Council Member Hugh Severs missed the meeting with an excused absence

Mayor introduces preliminary budget for 2016

Mayor Peterson put forward a first look at the city's financial blueprint for the coming year at the Oct. 20 meeting.

"The 2016 budget contains conservative revenue projections and disciplined expen-

ditures," Peterson told council. "Our commitment to being a safe, clean and green community with excellent facilities and infrastructure has not wavered."

Pointing to Liberty Lake's status as the sixth-fastest growing city in Washington, the mayor said "it is imperative that we be ahead of the power curve on transportation."

Next year's budget features several largescale street projects including a renovation of Liberty Lake Road. The work will encompass surface and signalization improvements at the intersection of the heavily traveled road and Country Vista. There are also plans for new signalization at the junction of Appleway and Liberty Lake Road to improve traffic flow.

Street upgrades in 2016 will take up just over \$2.2 million of the \$2.8 million allotted under the Capital Improvement Plan. The balance will go toward projects at city parks, the Trailhead golf course, Town Square and community signage. Peterson noted that "a little over \$500,000 is yet to be determined but is expected as additional funding."

The proposed general fund for 2016 — covering municipal pillars like public safety, library services, parks, community development and seven other programs — stands at nearly \$6.58 million, up from \$6.05 million in 2015. Adding in another 17 funds, in areas like streets, tourism promotion and stormwater utility, the grand total for next year rings in at nearly \$11.6 million, eclipsing the \$11.2 million budget for 2015.

Peterson attributed the budget growth to the inclusion of funds from the new waste management contract, a proposed 1 percent hike in the property tax levy that the city has the option to install each year, increased property valuation and an upturn in revenue from the utility tax.

"These funds will help sustain us in the future as we see our costs increase by approximately 2 percent," Peterson said.

The breakdown of next year's proposed operating revenue of \$6.4 million incudes a projected \$2.3 million from sales tax and \$2.05 million in property tax. Utility tax — the toll on phone, electric, gas, cable and waste management — is expected to bring in \$745,000. The tax was installed in 2010 at 6 percent and lowered to 3 percent in 2012. In 2013, revenue from the utility tax was dedicated exclusively to road maintenance.

Public safety will take up 25 percent — or \$1.9 million — of proposed expenditures next year, followed by capital projects at just under \$1.2 million. Streets come in third at nearly \$920,000.

Finance Director RJ Stevenson said the city is expected to begin 2016 with a fund balance of nearly \$6.2 million. With overall revenues projected at \$10.5 million and expenditures targeted at \$11.6 million, the city anticipates an ending fund balance next year of \$5.1 million.

Dan DUNKE Liberty Lake City Council



Dan Dunne is a long time resident and community volunteer who has served the City of Liberty Lake continuously for more than seven years. Dan is actively engaged in the community and drives for results in city administration. Dan has been a primary advocate and sponsor of recent successfully completed city projects, including the Liberty Lake Baseball Park. Dan is an advocate of a balanced approach to city services, providing advocacy to local businesses, as well as residents and property owners.

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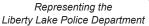
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Turning Point

By Craig HowardSPLASH CONTRIBUTOR

When Judi Owens went to the ballot 15 years ago this month to decide on the incorporation of Liberty Lake, she reminisced about the snow drifts that routinely transformed the streets around her home into an icy maze.

When Margaret Barnes talked to her neighbors about the prospect of a new city that autumn, she remembered the community's enthusiastic campaign to establish a library that was met with a disappointing response by the Spokane County Library District.

When Scott Bernhard looked ahead the election in the fall of 2000 that would decide the future of the place he had called home since 1993, he pondered a more effective use of local property and sales tax revenue. For Bernhard and many residents, one aspect of their community had become increasingly clear — the Liberty Lake area was growing and Spokane County simply couldn't keep up.

"It just seemed like the county wasn't delivering a lot of services, even though a lot of money was going out," he said.

On Nov. 7, 2000, a total of 938 voters cast ballots in support of Liberty Lake transitioning from an unincorporated swathe of Spokane County into its own city. The final tally would have 502 voting against the change. The electorate included just over 62 percent of eligible voters.

For the first time since Airway Heights incorporated in 1955, Eastern Washington's largest county had a new city.

"I thought it was going to pass," said Greenstone Homes founder Jim Frank, who helped forge a governance study committee in 1998 that began the discussion of a city in earnest. "I think most people were excited about it. In retrospect, it's been an enormous success. I think the success of Liberty Lake has far exceeded what we expected all those years ago."

Roots of incorporation

Before talk of a city began, residents in the Liberty Lake area were known for grass-roots campaigns that built Pavillion Park and an expansive trail network. The effort to fund trails, led by Tom Specht, included the establishment of a self-taxing mechanism known as a Transportation Benefit District approved by residents. Pavillion Park rose from a field through the efforts of neighbors who placed greenspace as a priority.

The message was clear — citizens would work toward a goal and pay for it themselves if necessary.



the home of Jim Frank.

Fifteen years

the evening of

Nov. 7, 2000, proponents of

creating a new

city celebrated

a clear ballot

victory while

watching returns

on a television at

ago, late in

SPLASH FILE PHOTO

"We had just gone through the experience of developing Pavillion Park, and the county had not been very responsive," Frank said. "There had been some discussions about a library, but the Spokane County Library District wasn't all that enthused about building a library in Liberty Lake. They ended up building a branch on Wellesley near Harvard Road."

Bernhard, who would go on to become part of Liberty Lake's inaugural City Council, recalls the momentum building for a jurisdiction that would give residents more of a voice.

"There was a great community spirit here," he said. "It was great to be a part of. A lot of the people who had done the work with the trails and the park helped build the initiative for incorporation."

Longtime resident Leslie Zilka was part of the trails committee and also served as president of Friends of Pavillion Park. She recalls how the Liberty Lake Sewer and Water District stepped up to become the first quasi-government entity in the community when it was established in 1973 to protect the water quality of Liberty Lake.

"The foundations were all there, starting with the Liberty Lake Sewer and Water District," she said. "That was there and the industry followed and the community followed. Then you had the Friends of Pavillion Park and the trails committee. Those were both unifying foundations."

Frank and Greenstone had been building homes in the Liberty Lake area well before talk of incorporation surfaced. Frank's emphasis on a walkable, mixed-use community with trails, parks and nourishing community energy hearkened back to the priorities of Bill Main and his son, Bill Jr., who had seen a similar potential for the Liberty Lake area in the late 1970s.

"Jim really set the tone for this community," Zilka said.

Studying pays off

Wendy Van Orman was part of the governance study group along with Frank, Judi Williams of Telect, Bernhard, LLSWD

Commissioner Tom Agnew and others. Early the following year, the committee collected feedback from 1,800 residents regarding the quality of services in the community. In what may have set a record for return rate of a citizen survey, 550 responses were received, with Spokane County earning failing grades in key areas like library services, land-use planning, snow plowing and approach to governance.

"We had our priorities as a community," said Van Orman, who was elected to the first City Council and later served as mayor. "We wanted greenspace, trails, a strong police force, a library and signage that was not excessive. We knew we were a unique entity, that we had an identifiable area and were close-knit as a community."

Telect and Greenstone contributed \$12,000 for a study that shared its findings in April of 1999. The quartet of options included keeping the status quo, changing the form of county government, annexing to an adjacent city or incorporation.

It was around that time that the baton was passed to incorporation supporters like Shaun Brown, publisher of the newly established Liberty Lake Splash newspaper, and Lud Kramer, a former Washington Secretary of State who had also served on the Seattle City Council.

"We saw our role as providing information and staying neutral," Frank said. "That's when Shaun Brown, Lud Kramer and others took up the leadership. By the time it came around to a vote, they had a lot of the answers they needed to move forward with incorporation."

Back and forth over boundaries

In July 1999, Liberty Lake 2000 filed a notice to incorporate with the board of Spokane County Commissioners. The boundaries would be the same utilized by the Liberty Lake Sewer and Water District, including the developed area around the lake, south of Sprague Avenue.

For the first time, incorporation advocates encountered waves of opposition.

See TURNING POINT, page 12

Valley incorporated on heels of LL vote

While the notion of Liberty Lake incorporation was approved resoundingly on its first ballot, similar attempts by pro-city supporters to the west had not worked out as smoothly.

Beginning in 1990, a quartet of Spokane Valley incorporation votes failed to garner enough support to turn the unincorporated area to the east of Spokane into its own city. By 2001, another group, calling itself "Valley Yes," had emerged with a renewed sense of optimism — buoyed partly by the success of Liberty Lake a year earlier.

"When Liberty Lake passed their vote, it was something we could point to," said Cary Driskell, who served as director of the Valley incorporation committee and now is Spokane Valley's city attorney. "It was an example of how local government was a better option. I think it certainly had a positive ripple effect."

As the Valley prepared for the May 2002 vote, several Liberty Lake officials, including Mayor Steve Peterson, stepped up to support the campaign.

"My goal was always to have a strong city partner on our shoulder," Peterson said. "I went out and gave talks to several groups. I think Spokane County knew that if Liberty Lake was successful, the Valley would follow. We had quite a few people who talked on behalf of the Valley about the benefits of incorporation."

When the final ballots were counted, the initiative to form a Valley city passed with 51.3 percent.

After Spokane Valley officially incorporated in 2003, Liberty Lake was there with another gesture — this time a \$50,000 loan to help with the costs of starting a city.

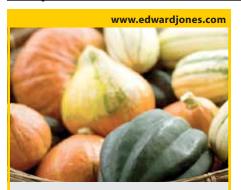
"That came from when we started," Peterson said. "We had no money. We had people who worked without a paycheck for the first 60 days. We got a lot of help from the city of Spokane when we first started our city, so we knew how much that collaboration helped."

Mike DeVleming, Spokane Valley's inaugural mayor, recalls the loan making a difference with "cash on hand." He also recalls representatives of the Liberty Lake City Council offering helpful advice on the road ahead.

"I remember folks from Liberty Lake always telling us, 'This is where the work begins' at different points along the way," DeVleming said. "I also remember that we had that loan paid back within a year."

— Craig Howard

NOVEMBER 2015 • **11** The Splash



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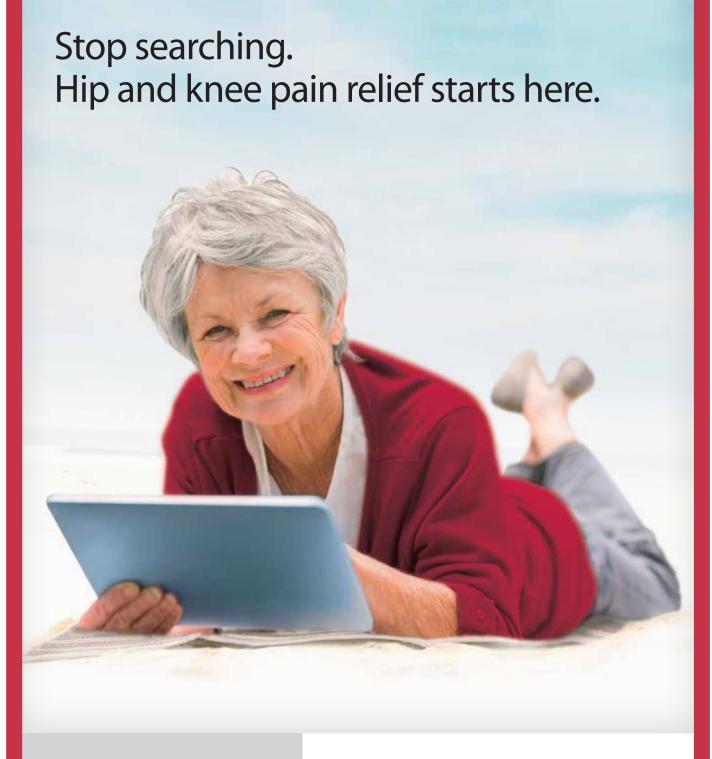


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*As of July 2015

COVER STORY

TURNING POINT

Continued from page 10

"There were many who really felt incorporation would just open the door to highrise development on the shores of Liberty Lake," Brown recalls. "These citizens participated in the discussions and eventually the line was drawn at Sprague due to their strong feelings."

Zilka remembers her friends around the lake concerned about the new city "becoming another Issaquah."

"They were worried about the formation of a city because if it was designated as urban, they feared we'd have hillside homes around the lake all the way up," Zilka said. "By restricting the border to north of Sprague, we were able to get it passed."

Frank, who built his home on a lot near the lake a decade before the incorporation vote, said high-density housing was not going to be an automatic byproduct of the new city.

"I think there was a perception of the people around the lake that the land use regulations would change around the lake," he said. "I don't think that would have happened, but that was the perception. Now, looking back, I think the people around the lake, for the most part, respect the city and what it has done."

Time for a change

When Zilka and her husband, Nick, moved to the Liberty Lake community in 1993, the terrain was defined by rural traits.

"I could look out on the Meadowwood area and it was a meadow and a golf course," Leslie said. "There was no grocery store when we moved here. There was the Zip Trip and that was it. It was pretty quiet."

As homes and commercial development cropped up over the years, residents like Margaret "Peg" Keeve saw the need for increased emphasis on services like police protection.

"We needed a jurisdiction with a growing community," Keeve said. "The idea of a city made sense to people."

With the revised city limits part of the proposal, the campaign received another boost in July 2000 when the Spokane County Boundary Review Board gave its stamp of approval to allow the incorporation vote on the November ballot.

Now it was time to get voters to jump on the new city bandwagon.

"We had yard signs out, we were talking to our neighbors," said Barnes, a past president of FOPP. "We all talked about it amongst ourselves and decided it was the way to go."

Steve and Charmaine Peterson first heard about the effort to incorporate when Zilka knocked on their door with a yard sign.

"I thought it was a good idea when I heard about it," said Peterson who would

Chair of the campaign

When Shaun Brown and her husband, Nathan, launched a community newspaper in September 1999 with the goal of shedding light on issues important to Liberty Lake, one topic quickly began to grab the headlines.

Along with stories about the construction of local trails and a heated race for Liberty Lake Sewer and Water District commissioner, the new publication covered the findings of a group considering the idea of Liberty Lake incorporation. For Brown, the chores of co-publisher, editor and lead writer would soon be combined with the task of leading the charge for cityhood.

After a citizen-based governance study committee gathered data on the feasibility of incorporation, Brown was appointed chair of Liberty Lake 2000, a group tasked with spreading the word about the benefits of a city. She was joined by fellow resident Lud Kramer, who brought a wealth of experience as a former Washington Secretary of State and representative of the Seattle City Council.

"When it came time to file the paperwork for incorporation, I remember that no one on the committee wanted to be the one to sign it," Brown recalled. "If I remember correctly, Lud took the initiative and got it done. He was a great advocate and advisor as we worked. He had so much experience in government that was so valuable."

After collecting the required number of



SPLASH PHOTO BY CRAIG HOWARD

Shaun Brown, founder and former publisher of The Splash, holds a copy of the issue from November 2000 that covered voter passage of incorporation. Brown served as chair of Liberty Lake 2000, a citizen-based group that campaigned for the formation of a city.

signatures to put the question of incorporation on the ballot and earning the approval of the Spokane County Boundary Review Board, Brown, Kramer and their Liberty Lake 2000 colleagues rallied residents to vote in support of the initiative. The campaign included yard signs, doorbelling, a website and plenty of enthusiasm.

"I'm not sure if incorporation happens without Shaun's leadership," said Jim Frank, founder and CEO of Greenstone Homes who was also integral to the movement. "Shaun was really a key to getting residents on board."

Like many others, Brown saw the gaps in service and responsiveness with Liberty Lake under the auspices of Spokane County.

"I have always valued local government where local citizens can choose their neighbors to represent them, and can come to the City Council meetings and provide input to help shape the decisions in their own community," Brown said. "Forming a city seemed like a great way to keep the decisions at the local level."

With its burgeoning readership, The Splash served as a valuable sounding board for residents considering the prospect of a new city.

"I remember publishing at least one very long article about the pros and cons as being discussed by the committee — I'm sure there were more," Brown said. "People also shared their thoughts about incorporation in letters to the editor."

When ballots were cast on Nov. 7, 2000, Brown saw the efforts of incorporation supporters reach fruition. Liberty Lake would be a city.

"I remember being at Jim Frank's home to watch the results, and we knew pretty quickly it had been a success," she said. "It was very apparent that we had been successful in providing sufficient information to the citizens of Liberty Lake for them to express their opinion in their vote. The city has achieved many of the goals we envisioned — we have a great police force. The roads get plowed. We have a library."

— Craig Howard

eventually become Liberty Lake's first mayor. "What they were talking about is bringing tax dollars closer to home. I don't think there was a lot of opposition to it. The main trepidation was from Spokane County due to the loss of tax revenue."

Estimates had the county losing around \$1.7 million in tax dollars if incorporation passed, although half of that total would likely be recouped with the new city contracting for municipal services. In the years following incorporation, however, Liberty Lake would further distance itself from the county, establishing its own police department and library while contracting with the private sector for snow removal.

Peterson, who has served as mayor for all but four years of the city's existence, said Kramer — who passed away in 2004 — would be proud of the strides Liberty Lake has made

"I think Lud would be extremely delighted with how things turned out," Peterson said. "He loved the investment in the parks, he appreciated the investment in the trails, he wanted the city to be financially fit — and we've accomplished all of that. He was always a proponent of our own police force and our library."

The first City Council would be elected in April of 2001 with the inaugural City Hall established that year in the Liberty Square Building that also serves as headquarters of Greenstone. The official incorporation date of Liberty Lake is recognized as Aug. 31, 2001.

Frank said the city "has been responsive to the needs of the community" over the years.

"The city has a commitment to parks and open space, trails and upgrades like the recent ones on Appleway and the traffic roundabout on Harvard Road," he said. "All of those things have resulted because the city has been able to focus on the needs of Liberty Lake. If we were still in Spokane County, these things would have never happened. For example, Rocky Hill Park would never have happened and we wouldn't have our own library."

Zilka, who continues to be involved with civic initiatives like the Community Facilities Task Force, said the vote to form a city has been a windfall for Liberty Lake.

"I'm just very proud of the sense of community, the cleanliness, the safety — it's just a fabulous place to live," she said. "Incorporation gave us a true identity."

BY THE NUMBERS

A numerical look at Liberty Lake, then and now.

2000

Population: 3,265

Land area: 4.62 square miles
Annual retail sales: \$42 million
Taxable assessed property value:

\$278,078,510

Compensation for mayor:

\$150 per month

Compensation for City Council members: \$400 per month

2015

Population: 8,975

Land area: 6 square miles

Annual retail sales: \$305,533,482 Taxable assessed property value:

\$1,196,298,024

Compensation for mayor:

\$1,250 per month

Compensation for City Council members: \$400 per month

— Craig Howard

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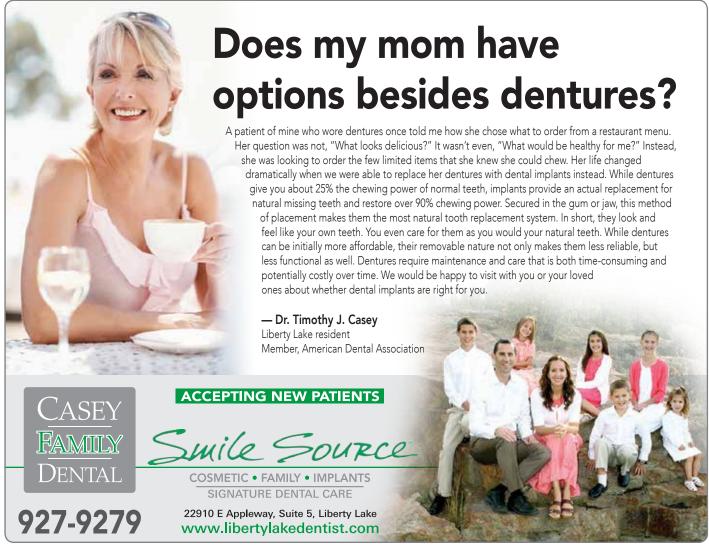


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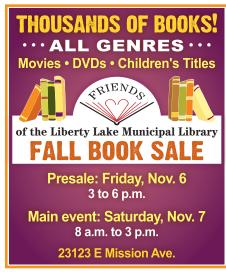


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■■■ Calendar of Events

COMMUNITY EVENTS

Nov. 1 | Daylight Saving Time ends at 2 a.m.

Nov. 2 | Candy Buy Back 4 to 8 p.m., KiDDS Dental, 1327 N. Stanford Lane, suite B. Candy can be brought and exchanged for \$1 per pound during this event. The candy must be unopened and children must be accompanied by an adult. For more: www.growupsmiling.com

Nov. 3 | Election Day

Nov. 4 | Grange potluck and meeting $\boldsymbol{6}$

p.m., Tri Community Grange, 25025 Heather St., Newman Lake. A potluck will be followed by a 7 p.m. meeting for this community-based service organization. For more: 481-7447

Nov. 5 | **Become Debt Free workshop** 6 to 7 p.m., Liberty Lake Municipal Library, 23123 E. Mission Ave. Discover where your finances are now and where you want them to be. Learn how to use the tools that make debt-free living

possible. A light meal is provided. To RSVP or for

more: www.stcu.org/workshops

Nov. 6 | Grange spaghetti feed 4 to 7 p.m., Tri Community Grange, 25025 Heather St., Newman Lake. The public is invited for all-you-can-eat dinner including spaghetti, salad, bread and dessert. Adults are \$8, children 5-12 are \$5 and under 5 are free. For more: 481-7447

Nov. 6-7 | Fall Book Sale 3 to 6 p.m. Fri. and 8 a.m. to 3 p.m. Sat., Liberty Lake Municipal Library, 23123 E. Mission Ave. Friends of the Liberty Lake Municipal Library will have thousands of books of all genres for sale as we well DVDs and movies.

Nov. 11 | Veterans Day

Nov. 12 | The Triple Nickel presentation

6 p.m., Liberty Lake Municipal Library, 23123 E. Mission Ave. In partnership with Humanities Washington, EWU Professor Robert Bartlett will talk about the first all-black Airborne Infantry Firefighters in Washington State during WII. For more: 232-2510 or www.humanities.org

Nov. 14 | Learn to Brew Your Own Beer

1:30 p.m., Liberty Lake Municipal Library, 23123 E. Mission Ave. Peter McArthur of Nu Home Brew & Bottles and The Inland Brewers Unite will share about the art of brewing beer including the process, equipment needed and the trends happening in the brewing world. For more: 232-2510

Nov. 14 & 15 | Beach and leaf pickup

8 a.m. to dusk. LLSWD and city crews will pick up bagged leaves from curbs. For more: www. libertylake.org

Nov. 14 | Chili Feed Fundraiser 4 to 6 p.m., Otis Orchards Community Church, 23304 E. Wellesley Ave. The women's ministry is sponsoring this event to benefit local families at Christmas and send items to military members in Iraq. Donations will be accepted. For more: 926-9552

Nov. 18 | MeadowWood Homeowner's Association meeting 7 p.m., City Hall, 22710 E. Country Vista. For more: www. meadowwoodhoa.com

Nov 19 | "Mockingjay Part 1" 6 p.m., Liberty Lake Municipal Library, 23123 E. Mission Ave. Teens and tweens are invited to watch this Hunger Games movie on the big screen in anticipation of the release of Part 2. Popcorn and candy provided. For more: 232-2510

Nov 21 | International Game Day 1 to 3:30 p.m., Liberty Lake Municipal Library, 23123 E. Mission Ave. Celebrate with others with board games and snacks. All ages welcome. For more: 232-2510

Nov. 26 | Thanksgiving

Recurring

Friends of the Liberty Lake Municipal

Library 4 p.m. the last Tuesday of every month, Library, 23123 E. Mission Ave.

Kiwanis Club of Liberty Lake 6:45 a.m. Wednesdays, Liberty Lake City Hall, 22510 E. Country Vista Drive. For more: www. libertylakekiwanis.org

Liberty Lake Centennial Rotary Club Noon Thursdays, Meadowwood Technology Campus Liberty Room, 2100 N. Molter Road. For more: 922-4422

Liberty Lake Lions Club Noon on the second and fourth Wednesdays of each month, Barlow's Restaurant, 1428 N. Liberty Lake Road. For more: 869-7657

Liberty Lake Municipal Library 23123 E. Mission Avenue. Toddler and preschool story times, Create space for kids, Baby lap-sit story time, Lego club, Knitting Club, kids crafts and more. For times and more: 232-2510

Liberty Lake Toastmasters 5:45 to 7 p.m. Wednesdays, Liberty Lake Sewer and Water District building, 22510 E. Mission Ave. For more: 208-765-8657

Pancreatic Cancer Action Network 6:30 p.m. the first Monday of each month, Liberty Lake Municipal Library, 23123 E. Mission Ave. For more: www.pancan.org or 534-2564

Senior Lunch 11 a.m. to 1 p.m. Monday through Friday, Talon Hills Senior Complex, 24950 E. Hawkstone Loop. Seniors age 60 and older invited; recommended donation \$3.50.

Spokane Valley Writer's Group 6:45 p.m. the first and third Thursdays of every month, Lakeside Church, 23129 E. Mission. This supportive critique group welcomes adult writers. For more: 570-4440

MUSIC & THE ARTS

Nov. 7-8 | Fall craft show 9 a.m. to 5 p.m., Central Valley High School, 821 S. Sullivan Road, Spokane Valley. Admission is \$2 and proceeds benefit CVHS marching band and color guard. For more: cvmbPublicity@hotmail.com

Nov. 13-14, 20-21 | "Rumplestiltskin"
Liberty Lake Community Theatre, 22910
E. Appleway Ave. Tickets cost \$7 for this

E. Appleway Ave. Tickets cost \$7 for this reader's theater production. For more: www. libertylaketheatre.com

Nov. 14 | Holiday Craft Show 10 a.m. to 3 p.m., MeadowWood Golf Course Clubhouse, 24501 E. Valleyway Ave. This fourth annual show will offer gift ideas, homemade food items and more. Proceeds benefit the Wounded Warrior Project. For more: renebbc@hotmail.com

Nov. 20-22 | Custer's Arts & Crafts show 10 a.m. to 8 p.m. (Fri.), 9 a.m. to 6 p.m. (Sat.) and

10 a.m. to 4 p.m. (Sun.), Spokane Fair & Expo Center, 404 N. Havana, Spokane Valley. Over 300 artisans will showcase hand crafts, specialty foods and fine art. Admission is \$7; kids 12 and under free. For more: www.custershows.com

Nov. 21 | This, That or the Other 8 p.m., Liberty Lake Community Theatre, 22910 E. Appleway Ave. Tickets are \$7 for this PG13 improv comedy. For more: www.libertylaketheatre.com

Recurring

Spokane Valley Camera Club 7:15 p.m., third and fourth Monday of the month (September through April), Liberty Lake Sewer and Water District building, 22510 E. Mission Ave. All levels of ability—students through experienced photographers—are invited to learn. Social events include field trips and workshops. For more: 951-1446 or www.sv-cc.org

— Next meetings are Nov. 16 and 23

CIVIC & BUSINESS

Nov. 4 | Digital First Responders 8:30 a.m. to 5 p.m., Tierpoint, 23403 E. Mission. Instructor Sherri Davidoff will teach the fundamentals of incident response and digital forensic acquisition. Cost is \$495. For more: www.lmgtraining.com/products/digital-first-responder-1-day-course-spokane-wa

Nov. 10 | Women Executives of Liberty Lake (WELL) 12:45 to 2 p.m., Liberty Lake Portal Building, 23403 E. Mission. Katherine Morgan of the Spokane Valley Chamber will be the guest speaker. For more: www. womenexecutivesoflibertylake.com

Nov. 12 | Garden Plaza of Post Falls open house 4 to 6 p.m., Garden Plaza, 545 N. Garden Plaza Ct., Post Falls. Celebrate six years of existence with refreshments and entertainment. For more: www.gardenplazaofpostfalls.com

Nov. 20 | Chamber annual meeting 11:30 a.m. to 1:30 p.m., Mirabeau Park Hotel, 1100 N. Sullivan Road. Dr. Edmund Schweitzer, president of Schweitzer Engineering Laboratories, will share his passion for creativity and innovation, as well as the importance of grit in driving prosperity. Cost is \$45 for members and \$55 for future members (price goes up \$10 after Nov. 13). For more: www.spokanevalleychamber.org

Recurring

Central Valley School board 6:30 p.m. on the second and fourth Mondays of each month, CVSD administration building, 19307 E. Cataldo, Spokane Valley.

Liberty Lake City Council 7 p.m. on the first and third Tuesdays of each month, City Hall, 22710 E. Country Vista Drive.

Liberty Lake Library Foundation Noon the first Wednesday of each month, 23123 E. Mission Ave.

Liberty Lake Merchants Association 11:30 a.m. Tuesdays, Liberty Lake Portal, 23403 E. Mission Ave., Suite 120. For more: 999-4935

Liberty Lake Municipal Library board 10:30 a.m. the first Thursday of each month, 23123 E. Mission Ave.

See CALENDAR, page 26



November 20-21-22, 2015

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A DAY MADE FOR RECYCLING

By Chad Kimberley
SPLASH CONTRIBUTOR

November has a couple really important days that are celebrated and remembered—Veterans Day and Thanksgiving—as well as a few crazy days that probably don't get a lot of attention such as Sandwich Day (Nov. 3) and Have a Bad Day Day (Nov. 19). But one day that deserves more attention since it provides a way you can make a difference is America Recycles Day on Nov. 15.

The basic idea of recycling is to make something new out of something used and, by doing that, reduce waste as well as help make communities cleaner and better. Below are a bunch of ideas you could use to celebrate on Nov. 15, any day during the month of November, or throughout the whole year.

Turn recycled materials into crafts.

This is the perfect rainy day, sunny day or any day activity. Instead of throwing away those old magazines, newspapers, bottle caps, water bottles or cereal boxes, turn them into something new and cool to decorate your room, create Christmas gifts or simply to have a fun day crafting away. You can take old bottle caps and turn them into new magnets. Water bottles can become piggy banks, and cereal boxes can become seed starters or bookmarks. Top off your recycle gift-giving by wrapping in newspapers or magazines to create the ultimate recycled gift.

Get cash for your school.

Gemtext Spokane is a company that sponsors a textile recycling contest among schools with the winning school earning a donation and, more importantly, helping keep usable stuff out of landfills. It is estimated by the Environmental Protection Agency that 2.5 billion pounds of textiles end up in landfills. Organizations like Gemtext recycle those textiles (think clothes and shoes) and then gives some



SPLASH PHOTOS BY TAMMY KIMBERLEY

The Gemtext recycling station located on East Boone Avenue near Liberty Lake Elementary School is one place you can recycle textiles such as clothing, shoes and stuffed animals.



Kids can grab a friend or family member to go for a recycling walk where any cans, bottles, paper and cardboard can be picked up and then recycled.

cash to the winning school. Last year Liberty Lake Elementary won the competition for a second time.

Recycle your food and help a tree grow.

Think about how much food is thrown out on an average day at school and home. A couple of leftover chicken nuggets get thrown into the trash, or you try to sneak in those few carrots or apple slices you didn't want to eat into the garbage without your parents looking. The reality is 40 percent of all food is wasted, and much of that ends up in landfills causing more problems for our environment. Food scraps can actually be used to create compost which goes into the soil and can help plant and animal life.

America Recycles Day

November 15

What can you do to celebrate this day? Think about ways to get your friends, classmates and community members excited about working together to recycle. Then take just one simple step to reduce waste in the community.

For more, go to www. americarecyclesday.org.

Create storage containers for your bedroom.

Instead of throwing away common items, turn them into storage containers for baseball cards, Legos, crayons, books or nearly anything that needs a home. Some of the items that work great for storage are baby wipes containers (wipe them out and use them for crayons), shoe boxes (craft items or baseball cards), old lunch boxes (Legos or other small toys) or food jars (game pieces or jewelry).

Go on a recycle walk.

One of the best things you can for your community is to go on a recycle walk where the goal is to pick up as much trash as you can for the purpose of recycling. Look for aluminum cans and plastic bottles, old newspapers and magazines; pick up pieces of cardboard and small pieces of metal. All of these items can be recycled so you should grab your friends or family and head out around your neighborhood, school and community to help make the world a bit prettier of a place. If you want to get really ambitious, have your class at school challenge other classes to see who can collect the most pounds of recyclable material.

Whether you pick a big project like making all of your Christmas gifts out of recycled items or encourage your family and classroom to recycle more frequently, the goal of America Recycles Day is to simply get you thinking about how and why it is important to recycle. Pick one item off this list and sit down with your family and friends to figure out how you will get started making a difference.

Sources: www.wmnorthwest.com, www. nrdc.org, www.spokanecounty.org/utilities/ solidwaste

COMMUNITY

True of a turkey?

Solve the riddle about this notorious November bird

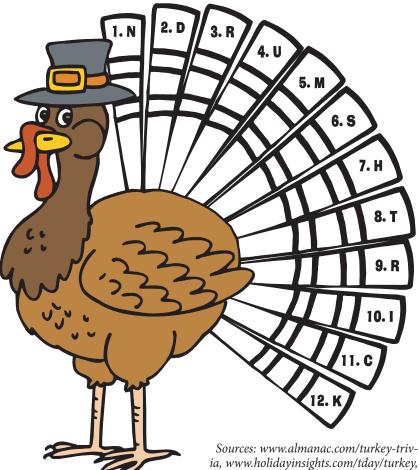
By Chad Kimberley SPLASH CONTRIBUTOR

Thanksgiving is right around the corner and with that a day full of eating turkey followed up by several days munching down the leftover turkey on sandwiches — plain, cold and warmed up.

Of course, not all turkeys end up in our stomachs. Take the turkey quiz below to learn more about turkeys. Color in the feathers for all the questions you believe to be true. Then write the letters in order in the spaces below to solve this turkey riddle. The answer to the riddle can be found at the bottom of page 21.

What is the most musical part of a turkey?

- 1. A male turkey is called a Bob.
- 2. A wild turkey can run up to 25 miles per hour.
- 3. Turkeys' eggs are tan and speckled brown.
- 4. The two main turkeys' names in the movie "Free Range" are Reggie and Jake.
- 5. Wild turkeys sometimes sleep in trees.
- **5.** The long, loose skin that hangs down from a turkey's neck is called a wattle.
- 7. There are 70 million turkeys in North America today.
- **8.** An adult wild turkey has over 5,000 feathers.
- The average life span of a turkey in the wild is 20 years.
- Benjamin Franklin wanted the turkey to be the U.S. national bird.
- 11. A female turkey is called a hen.
- 12. Americans consume over 675 million pounds of turkey on Thanksgiving Day.



RECYCLING

101

Compiled by Chad Kimberley SPLASH CONTRIBUTOR

In honor of America Recycles Day on Nov. 15, find out more about the facts, stats and realities of a world where more recycling is needed to reduce trash and waste.

Too much trash?

- The average person creates about 4 pounds of trash every single day.
- For every \$1,000 of fast food bought, almost 200 pounds of trash is created.
- Americans throw away 28 billion bottles and jars each year which can be recycled. Of the 2.5 million plastic bottles used by Americans every hour, most of them are thrown away.
- Each year enough steel is thrown away to build all the new cars made in America.

Recycling life cycle

• In 1874 the first curbside recycling program began in Baltimore, Md.

• Recycling one aluminum can saves enough energy equivalent to listening to 10 songs on an iPod.

• Recycling 100 cans could light a bedroom for two weeks.

• Once an aluminum can is recycled, it can become part of a new can within six weeks.

 Glass never wears out; it can be recycled forever.

• 99% of all asphalt is recycled and used to fix and build more roads.

Plastic, oceans don't mix

• Shoppers worldwide use 500 billion single-use plastic bags per

year or 150 bags a year for every person on earth. If you put all the plastic bags together they would wrap around the globe 2,400 times.

 Current estimates say there are 5.25 trillion pieces of plastic debris in the ocean.

> 100,000 sea creatures a year die from getting tangled up in plastic in the water.

Around 1
 million sea
 birds also die
 from plastic
pieces.

 Plastic bags have been found in the deepest parts of the oceans including along, and buried in, Arctic ice.

Reducing paper usage

• The average American uses seven trees a year in paper, wood, and other products made from trees. That's about 680 pounds of paper per person each year.

www.smithsonianmang.com/sciene-nature

- To produce each week's Sunday newspapers, 500,000 trees must be cut down. If all newspaper was recycled each year, 250 million trees could be saved.
- The average household throws away 13,000 pieces of paper each year which includes a lot of junk mail and packaging materials.

Top 10 in the Bin

These 10 common household items can all be placed in blue recycling bins:

Cardboard
Paper
Food boxes
Mail
Jugs
Food cans
Glass bottles
Beverage cans
Jars (glass and plastic)
Plastic bottles and caps

Sources: www.ecy.wa.gov; www. oceancrusaders.org; www.dosomething. org/facts/11-facts-about-recycling; www. recycling-revolution.com/recycling-facts. html; www.americarecyclesday.org

NOVEMBER 2015 • 21 The Splash

COMMUNITY

By Tammy Kimberley SPLASH STAFF WRITER

Mad Libs is a word game where one person asks another for a list of words to write into the blanks of a story before reading it aloud. The result is a comical tale that oftentimes makes little sense. Gather a few family members or friends this month and see what kind of crazy Thanksgiving tale you can spin using the format below!

I awoke from dreaming about	on Thanksgiving morning,
and I couldn't wait to get to	's house. After changing
out of myfooty pajame	as, I gobbled for
breakfast and then joined my family in	the for the short trip
When we arrived, we all were	MOTION) to see the
outside of the house. ${\text{(HOLIDAY DECORATION)}} h$	ung from the roof and
$\underline{\hspace{1cm}}$ were all over the yard.	It certainly appeared they were
ready for! My aunt gree	eted me with a kiss,
as my uncle yelled out "Hey(TYPE OF BU	
me. I went into the whe	ere everyone was
cheering on the localt	ream. Soon the table was set for
Thanksgiving dinner, and	started carving the turkey with a
	, and I couldn't wait
to havefilled pie for de	essert. After we finished, I was so full
and my stomach was as hig as a	

(ANIMAL)

Festive reads

Check out these Thanksgiving-related books that are available through the borrowing systems at Spokane County Library District and Liberty Lake Municipal Library.

"Pinkalicious: Thanksgiving Helper" By Victoria Kann

"Turkey Trouble"

By Wendi J. Silvano

"Thanksgiving is..."

By Gail Gibbons

"Pete the Cat: The First Thanksgiving" By Kimberly Dean

"Turk and Runt"

By Lisa Wheeler

"The Thanksgiving Door"

By Debby Atwell

"'Twas the Night Before Thanksgiving" By Dav Pilkey

"Thanksgiving Mice!" By Bethany Roberts



Thanksgiving Mad Libs Kids Tell It Like It Is

What is the best thing about your family's Thanksqiving celebration?

Compiled by Tammy Kimberley at Liberty Lake Elementary School



"Eating turkey. I like meat!" Matthew Gillespie, 7, 2nd grade



"We sing songs and then we eat a special dinner and dessert."

Audrey Sipes, 6, 1st grade

"Eating



"Getting together with family. My grandma brings her two chihuahuas.' Olivia Phipps, 7, 2nd grade



"Me and my sister set the table and light a candle." Alivia Wheeler, 7, 2nd grade

"Sometimes

we got out

for dinner to

a restaurant."

Ty Rankin, 7,

2nd grade

то 8 р.м.



pumpkin pie, especially the crust. My mom makes the best." **Emma**







"We go to grandma and grandpa's house to celebrate my dad's birthday and have a big feast."

Maira Frank, 6, 1st grade



"We play games with my aunts, uncles and cousins like duck, duck, goose and red light, green light."

Meghan Bollinger. 7, Žnd grade



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The candy must be unopened and children must be accompanied by an adult.

COMMUNITY

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid. 4 Letters BILL CARD CODE C PLAY SAGA YARN 5 Letters ATLAS DIARY **ESSAY** LABEL STORY 6 Letters MANUAL L RECIPE SONNET SPEECH 7 Letters

Even Exchange by Donna Pettman Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from M Δ STER for an I, you get MISTER. Do not change the order of the letters. 1. Vineyard W $_$ $_$ $_$ Glad rags F _ _ _ _ _ __ _ U ___ __ _ A __ _ Mickey's pooch 2. Greek philosopher __ __ _ 0 Pungent _ _ _ Y 3. Latin ballroom dance Ohio or Mississippi _ T _ _ _ 4. Chalkboard material __ _ D Wayward 5. Task _ _ _ T Vacation place 6. Check in for duty __ _ D _ 7. Wring one's hands Talkative _ _ T _ _ 8. Merrymaking affair __ R __ _ Peppermint _ __ _ L _ 9. Warble Courtroom event

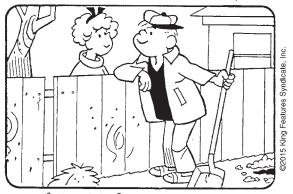
Tail

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lunişr W

by Hal Kaufman

A-ZTRAIL! Included in the maze of letters at right is a trail of adjacent letters that reaches from letter A to letter Z in alphabetical order. By adjacent is meant next in proximity either across, down or diagonally. Hint: There are five A's to consider as starting point. Only

10. Bloke



sider as starting point. Only one of these initiates the entire succession of letters. See if you can find which one.

Begin with A that is fifth letter down in sixth horizontal row.

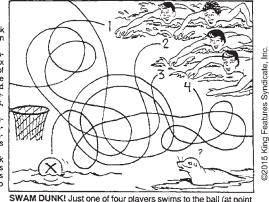
TINA TASKS! Tina Erp, Tina Pico and Tina Aubice have different occupations. One deals with art, one with eyes and one with hairdos. Who does what? Unscramble letters of names to find out. si eoiduA sniT bns nsioitqq

MAGICAL MATH DEMO FUN

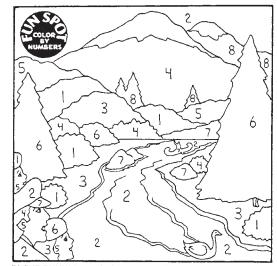
Putthis magical math trick to a test, then try it on friends:

to a test, then try it on friends:
Place a batch of numbers from 10 to 99 in a box or hat, and select two of these at random. Double your first pick, add 5, and multiply by 50. To this result, add your second pick, and then subtract 250.
Kazam! The first two digits of the final total will dentity the first toty our two numbers, and the last two digits of that and 37. Twice 14, plus will identify your second.
Example: Say you pick 14 and 37. Twice 14, plus 5, is 33, times 50, totals 1687, minus 250 is 1437. Give it a try.

Give it a try.



SWAM DUNK! Just one of four players swims to the ball (at point X, below basket), in this water polo game. Which one?

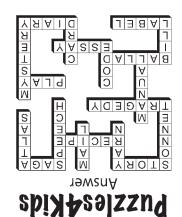


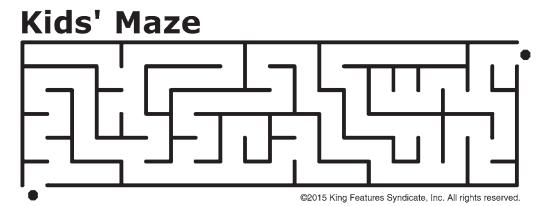
BLEND RUN! What a glorious spot to view fall colors. Apply these colors by number: 1— Red. 2—Lt. blue. 3—Yellow. 4—Lt. brown. 5—Flesh. 6—Lt. green. 7—Dk. brown. 8—Lt. purple.

SPELLBINDER SCORE 10 points for using all the letters in the word below to form two complete words: DIATRIBE ---- ---THEN score 2 points each for all words of four letters or more found among the letters. Try to score at least 50 points.



Errand, Errant	٠.							
	5							
Slate, State	٠,							
Tango, Tangy	з.							
Plato, Pluto	٦.							
Winery, Finery	٦.							
answers								
Even Exchange								
	answers Winery, Finery Plato, Pluto Tango, Tangy Slate, State							







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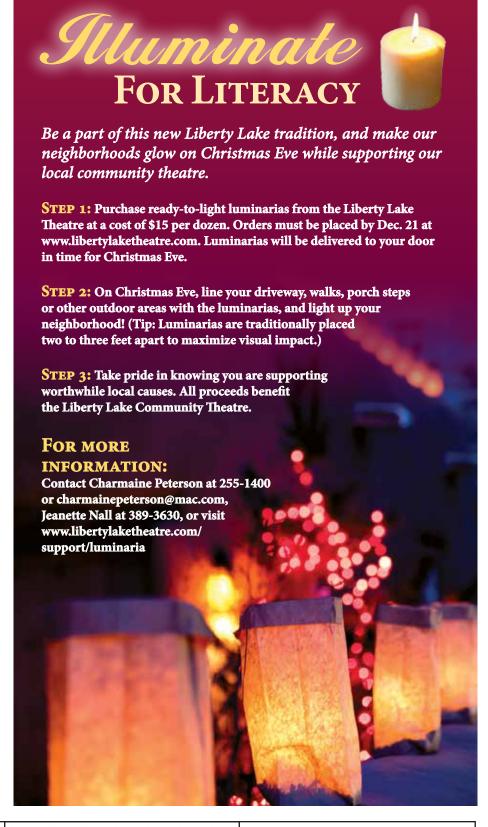
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24 • NOVEMBER 2015 ______ The Splash



A veteran of the Navy — and novels

By Staci Lehman

SPLASH CONTRIBUTOR

While David Perry no longer sails the world's seas in reality, he continues to do so in his imagination.

Perry, a Liberty Lake resident since 2012 and a local author, has recently self-published his second book, a historical novel about the U.S. Navy during the American Revolution.

While the historical details for both of his books came from extensive research, Perry is a veteran himself and has experienced Navy life firsthand. He graduated from the U.S. Naval Academy in Annapolis, Md., with a degree in physical science in 1981 and spent five years on active duty. The first four years were spent on a LST, a ship that carries marines and tanks. Perry would be at sea for up to six months at a time while his wife, Bonnie, was at their then-home in San Diego. Bonnie estimates that during the first four years of their marriage, she and David only actually lived together for about two-and-ahalf years of it.

Perry left the military to work in the corporate world but continued with the reserves until retirement in 1999. Now, instead of being in the Navy, he writes about it; specifically, the birth of the Navy during the American Revolution.

"I've always enjoyed reading British novels of that era, and there didn't seem to be a lot about the American Navy," Perry said. "So I just decided I've read enough of them, I can probably write these."

The main characters in Perry's two books are considered to be fathers of the U.S. Navy. Both books, "Not Self but Country" and "The Crucible of Tradition," follow John Barry and John Paul Jones



Lake graduated from the U.S. Naval Academy in 1981. His several years of active and reserve duty helped influence his work on a pair of historical novels about the fledgling U.S. Navy of the Revolutionary War era.

David Perry

of Liberty

SUBMITTED PHOTO

as they sail into battle against the British Navy and against the odds. These heroes had everything against them; the British Navy was a force to be reckoned with and the fledgling U.S. fleet had small vessels, most recently used as merchant ships poorly equipped for battle. The books detail the everyday struggles of the men that started our country and how these early leaders not only faced down death but also treason and the many challenges of creating a new government.

"Part of the reason I'm writing them is to get back to the kind of heroes that were in the Revolution," Perry said. "I want people to understand what it felt like to make a decision to rebel and take up arms against your king and your government."

Perry has had some everyday struggles of his own making his books a reality. Working a full-time job for Compassion International, a Christian child sponsorship organization dedicated to the development of children living in poverty around the world, it takes him about a year and a half to finish each book. He does most of his writing on Saturday mornings. Perry gets up early and finds a restaurant or coffee shop and works for two or three hours while drinking coffee. A large part of "Not Self but Country" was written at Barlows Restaurant in Liberty Lake.

More time consuming than writing, though, is the research that goes into Perry's books.

"I try to make the books as accurate as possible," he said. "Almost all the main settings are historically accurate. Its two-to-one, research to writing, but the internet makes that easy."

Perry's love for sailing, learned while attending the Naval Academy on the East

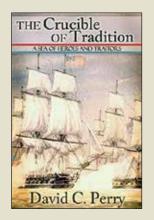
See VETERAN, page 25

— **King** Crossword — Answers

0	K	R	Α		Ε	В	В		Т	Н	Ε	Α
R	Α	П	L		R	U	Ε		0	Α	Т	S
В	L	0	W	Н	Α	R	D		Т	R	U	Е
S	Ε	Т	Α	Ε			S	Т	Α	D	Τ	Α
			Υ	М	С	Α		Τ	L	L		
J	0	В	S		0	В	0	Е		Τ	S	Ν
Α	W	L		С	L	Α	Ν	S		Ν	Е	Е
N	Е	0		L	Е	F	Т		М	Ε	Е	Т
		W	Н	0		Т	0	D	0			
D	Е	Р	0	Т	S			Υ	0	D	Е	L
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N	Ε	Ε	D		Ν	Е	W		Н	Ε	L	С

ABOUT THE BOOK

"The Crucible of Tradition," David C. Perry's latest book and the sequel to "Not Self but Country," is a fictionalized account of real-life heroes John Paul Jones and Captain John Barry as they spend 30 years fighting for American independence from Great Britain. Their story of war and rebuilding takes the reader from the Atlantic seaboard to the beautiful waters of the Caribbean and back to the European homelands of the lead characters. Winning the war turns out to be only half the real battle, though, as the struggles continue after the American victory for these heroes as they work, with extremely limited resources, to establish a new nation and a new Navy.



Give Back

Spotlighting timely needs our community can meet together



To our friends and neighbors in the greater Spokane Valley:

The holidays are a time of celebration, and Spokane Valley Partners works hard every year to share this celebratory spirit with the food bank clients served.

Specifically, the organization provides "holiday food baskets" for Thanksgiving and Christmas to help all of our neighbors celebrate this special season.

As with everything Spokane Valley Partners does, these efforts are only as successful as the many partners who contribute to the cause. Would you consider making a special effort to focus on donating food basket items like instant mashed potatoes, stuffing mix, gravy, green beans, corn, muffin or cornbread mix, fruit, dessert mixes or other similar holiday items as Spokane Valley Partners gears up for the holiday season?

Donations can be dropped off at 10814 E. Broadway Ave., or call Spokane Valley Partners with any questions at 927-1153.

Thanks for joining us in helping to make this season bright for our entire community.

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COMMUNITY

Celebrating the season



SUBMITTED PHOTOS

The Liberty Lake Couples' Golf Group ended its season on Oct. 8 with a dinner at the Liberty Lake Bistro (the cafe at Liberty Lake Golf Course). The victorious team members of the scramble game were Shirley and Chuck Rodman and Elaine and Jim Gregerson.

There were 20 golfers in attendance including (above) Wayne Bass, Kay Sharp, Helen Norris, Marie Baker, Marlen Guell, JoAnn Guell and Cassie Dodgen and (below) Chuck Rodman, Shirley Rodman, Frank Baker, Bev Johnson, John Johnson, Bob Marshall, Jim Gregerson and Elaine Gregerson.



VETERAN

Continued from page 24

Coast, also helps with historical accuracy. His technical knowledge as to how sailing ships work and their limitations as war ships allow him to add depth and detail to his scenes.

Having a good editor also helps. Perry's parents moved to Liberty Lake two years ago to be near him and Bonnie, and his 82-year-old father edits all of his work. Perry describes his dad as an avid reader and an expert on grammar, although he's never written a novel himself.

Once one book was published, Perry didn't pause long to celebrate the victory. After completing "Not Self but Country," he launched immediately into "The Crucible of Tradition" with no time off in between. Currently, he is working on a short story that switches the focus from the Navy to the role of the U.S. Marines during the Revolution. Once he completes that, Perry plans to develop that concept into a full-length novel, probably in another year and a half.

Perry's works are available on Amazon, or follow him online at www.facebook. com/davidcperry81.

King Crossword

ACROSS

- 1 Gumbo need
- 5 Recede
- "Take
- Train" 12 Bar
- 13 Regret
- 14 Dinner for Dobbin
- 15 Braggart
- 17 Verifiable
- 18 Bristles 19 Sports
- venues
- 21 Village People hit
- 24 Under the weather
- 25 Founder of Apple
- 28 Clarinet's cousin
- 30 System of beliefs
- 33 Piercing tool
- 34 Families
- 35 Born
- 36 "The Matrix" role
- 37 Departed
- 38 Encounter
- 39 Personal question?
- 41 Agenda heading
- 43 Stations
- 46 Mountain air?
- 50 Valhalla VIP
- 51 Direct source of information

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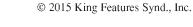
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- 55 Guitar's kin 56 Declare
- 57 Require
- 58 Just out
- 59 Maintained

DOWN

- 1 Spheres
- 2 Hardy cabbage
- 3 Laugh-aminute
- 4 Forever
- 6 Prickly seedcase
- Hotel furniture
 - 8 Sum

- 9 Uncompromising 10 Seamstress
- case 11 On the brinv
- 16 Height of fashion?
- 20 Father's Day gifts
- 22 "Unforgettable" singer
- 23 At the stern 25 One of the
- Brady bunch
- 5 Pitching stat 26 Have bills
 - 27 Glassmaker's device
 - 29 Aware of 31 Get a

- glimpse of 32 Citi Field player
- 34 Coagulate 38 Bread
- 40 Sharpened 42 Coloring agent
- 43 This way
- 44 Falco of "Nurse Jackie"
- 45 Whirled
- 47 Jackknife, for one 48 Organic
- compound
- 49 Lascivious
- 52 Eisenhower
- 53 Church perch









- Where Wellness Is A Way Of Life
- Cottage Homes
- Independent Living
 Light Assisted Living
 - Wellness & Fitness Center Gourmet Chef
 - Swimming Pool & Spa
- Walking Trail
- Bistro

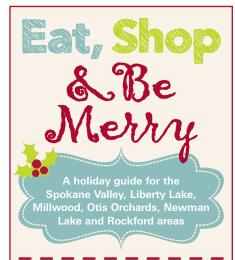
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26 • NOVEMBER 2015

LOCAL LENS

The Splash



Have an amazing gift idea you'd like to share with holiday shoppers?

"Eat, Shop and Be Merry" is a special cover section that will champion what the Valley area has to offer in the way of gifts and food. Advertise in this holiday guide aimed at area consumers and businesses — and as a bonus we'll include your idea as part of our story featuring can't-miss local gift ideas. Restaurants are encouraged to advertise and contribute a tantalizing menu item for our article on dining out.



On November 23 and 24, the guides will be distributed throughout the greater Valley area via The Splash and The Current. The

December issues are strategically scheduled to land before Thanksgiving, just in time to remind residents about supporting local businesses on Small Business Saturday (Nov. 28) and throughout the holiday season.

Deadlines

Display ad with submitted menu item or gift idea:

November 2

Display ad (submitted gift idea or menu item will be printed if space is still available):

November 12

Reserve your spot today at 242-7752 or advertise@ vallevcurrent.com

Splash the Current

Fourteen and fearless



Josh Gartner enjoyed ziplining with Mica Moon Zip Tour for his 14th birthday, as photographed by his grandfather Michael Hassett.

SUBMITTED PHOTO

Splash Travels



SUBMITTED PHOTO

The Martin family traveled to southern California over the summer to take in several parks and days at the beach. Erin and Sam took The Splash along on their visit to Disneyland.

Shutterbug Snapshots



SUBMITTED PHOTOS

Susie Middaugh photographed the hummingbird above in her backyard during the summer.

A downy woodpecker, left, was found along the Liberty Lake Trail in mid-October by Michael Hassett.

Local Lens Share your snapshots for The Splash's photo page. Email photos@libertylakesplash.com with scenes from around town, community events and Splash Travels.

COMMUNITY

CALENDAR

Continued from page 16

Liberty Lake Planning Commission 4 p.m. on the second Wednesday of each month, City Hall, 22710 E. Country Vista Drive.

Liberty Lake SCOPE 6:30 p.m. on the first Wednesday of each month, City Hall, 22710 E. Country Vista Drive

Liberty Lake Sewer and Water District board 4 p.m. on the second Monday of each month, 22510 E. Mission Ave.

HEALTH & RECREATION

Nov. 11 | Fall Multi-sport Camp 9 a.m. to 3 p.m., HUB Sports Center, 19619 E. Cataldo Ave. Boys and girls in first through sixth grade can sample a variety of sports including basketball, volleyball, soccer, whiffleball, dodgeball and pickleball. Cost is \$30 for morning or \$55 for full day; register by Nov. 4 to guarantee enrollment. For more: www.hubsportscenter.org

Nov. 13 | Built It Athletix Cheer Fall

Showcase 6 to 8 p.m., HUB Sports Center, 19619 E. Cataldo Ave. Tickets are \$5 for adults and \$3 for kids; bring a canned food and receive \$1 off. For more: www.hubsportscenter.org

Nov. 21 | ParaSport 3v3 Wheelchair Basketball 9 a.m. to 3 p.m., HUB Sports Center, 19619 E. Cataldo Ave. Find out what it is like to play wheelchair basketball while helping raise funds and build awareness for ParaSport Spokane. Team fee of \$250 includes t-shirts; entry deadline is Nov. 9. For more: www.hubsportscenter.org

Nov. 28-29 | Turkey Shoot-Out Futsal Tournament 8 a.m. to 6 p.m., HUB Sports Center, 19619 E. Cataldo Ave. Boys and girls U7 through U14 divisions are invited for some indoor futsal action. Team fee is \$275; entry deadline is Nov. 13. For more: www.hubsportscenter.org

Recurring

KidFIT Spokane HUB Sports Center, 19619 E. Cataldo Ave. This children's movement and fitness program offers classes in dance (ballet, tap, jazz, hip hop), gymnastics and cheerleading for girls and boys ages three and older. For more: 953-7501 or www.kidfitspokane.com

HUB Sports Center 19619 E. Cataldo Ave. Various activities and events occur throughout the week including:

- Badminton open gym: 7 to 9 p.m. Tues., \$5/person
- Basketball open gym: Noon to 1 p.m. Tues. and Thurs., \$4/person
- Pickleball drop-in: 12:30 to 2:30 p.m. Mon. through Thurs.; 6 to 8 p.m. Sun. and Wed. \$2/ seniors (\$4/non-seniors)
- Table Tennis: 7 to 9:30 p.m., Mon. and Wed.; \$3/player
- Classes including Keno Karate, Modern Farang-Mu Sul, Wing Chun Kung Fun and Zumba Aerobics. See website for cost and times.

All calendar listings were provided to or gathered by Splash staff. If you would like your event considered for the community calendar, please submit information by the 15th of the month to calendar@libertylakesplash.com.

COMMUNITY

Education Briefs

Leaf pickup on Nov. 14-15

Leaf, beach and yard waste will be picked Nov. 14 and 15 from 8 a.m. to dusk as part of the 23rd annual Liberty Lake beach and leaf pick-up.

Waste will be picked up in front of residences within the Liberty Lake Sewer and Water District boundaries, which include residents in most of the city of Liberty Lake and south of Sprague Avenue. The city of Liberty Lake is co-sponsoring the program again this year.

For participation guidelines, call 922-5443 or visit www.libertylake.org.

Holiday Ball tickets on sale

Tickets are now on sale for the 17th annual Liberty Lake Holiday Ball to be held 5 p.m. Dec. 5 at The Davenport Hotel in Spokane. Tickets are \$75 per person and include a champagne reception, 3-course dinner and dancing with silent and live auctions.

This event is the sole FOPP fundraiser for summer concerts, movies and activities that take place throughout the Liberty Lake community. Those interested in donating auction items for the event can contact Laura Frank at pavillionpark@yahoo.com.

Seating is limited and will be accommodated on a first-come, first-served basis. The Davenport Hotel is also offering a special room rate for ball attendees.

To purchase tickets or for more information, go to www.pavillionpark.org.

Baesler receives award

Ray Baesler was recently honored as the 2015 volunteer of the year for the Liberty Lake SCOPE division.

In addition to serving as secretary/ treasurer for the local office, Baesler staffs the office on Wednesdays and does school patrols for Liberty Lake Elementary children. A press release said he has logged over 200 volunteer hours so far this year.

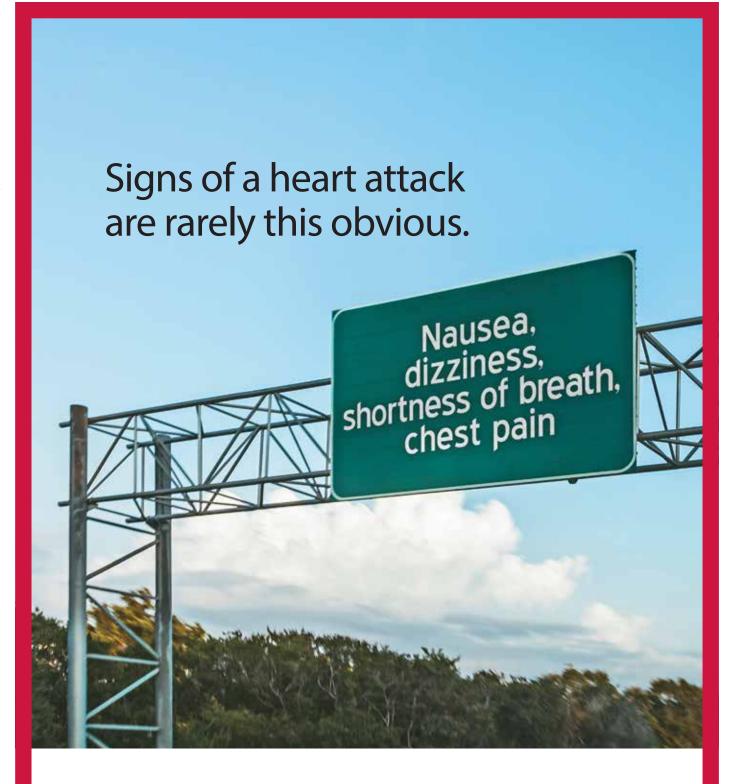
College honors local students

The following students from Liberty Lake were recently recognized by colleges for their academic performance. Information was provided via press releases submitted from schools or parents.

Washington State University

Summer 2015 graduates
Philip William Hermann III, Bachelor of Science in
Bioengineering; Tyler Michael Peterson, Bachelor of Science in
Psychology





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COMMUNITY

The blessings of giving: a thank you to Liberty Lake

By Jason Brubaker

SPLASH GUEST COLUMN

On Sept. 5, three and a half years after being diagnosed with an inoperable brain tumor and eight months after suffering from a debilitating stroke, my father, Tom Brubaker, passed away at home, surrounded by family.

But this piece isn't an obituary. Rather, it's a thank you to all the wonderful people in Liberty Lake and the surrounding area who have donated their time, money, energy and abilities to help our family through the past few difficult years. A handful of these projects have been covered previously by The Splash, but there have been countless more acts of love and support that deserve our thanks, for without them, we likely would not have made it through our journey.

Almost immediately after Dad was diagnosed, our friends and neighbors were there to pitch in and do what they could to help us through the difficult adjustment and maintain Dad's quality of life. Care supplies and accessibility equipment were loaned or donated to help Dad cope with his newfound physical limitations, and gifts such as a new bedroom set and television helped him as he recovered from the harsh side effects of the treatments.

A major group effort revolved around providing a space in the backyard where he could recuperate with his family and enjoy his gardening hobby. A rock ring was laid down around a gas-fueled fire pit and a raised gardening bed. Other families contributed plants, gardening supplies and yard furniture, while a number of Dad's coworkers provided a storage shed.

Shows of emotional support included a 108 Sun Salutations event hosted in Pavillion Park by multiple area yoga studios, and a benefit concert put on by The Angela Marie Project, a local band. Several area businesses, community organizations and churches found their own ways to support our family both emotionally and tangibly. Some community members organized to provide home-cooked meals while we were busy with treatments and testing, while others volunteered for house cleaning and yardwork to make our home a more stress-free environment.

Thanks to two generous families who owned cabins on Lake Coeur d'Alene, we were able to gather Dad's large and far-flung extended family together right in our own backyard for a pair of bittersweet, but still very special gatherings. Gratitude should also be expressed here for a local professional photographer who volunteered his time to record the event.

Thanks in no small part to these gifts and more, Dad handled his treatments admirably and was even able to return to work part-time until he suffered a stroke earlier this year. After several months of rehabilita-



SUBMITTED PHOTOS

Above, Liberty Lake's Brubaker family has felt the love of their Liberty Lake neighbors during the health struggles of patriarch Tom.

At left, local musicians Angela Marie and Kat Hall give an impromptu in-home performance for Tom Brubaker and his family.



tion therapy in care facilities, he returned to spend his last days at home with the invaluable aid of Hospice of Spokane. Once again, our friends and neighbors were there to support us during the final stretch.

A group from our church pitched in to install a wheelchair ramp and transfer poles (a donation from another friend) inside the house. These back-saving aids allowed just one person to move Dad around as necessary, and take him for outings around the neighborhood when he was up for it. We also received assistance replacing the living room carpet with a sturdy vinyl that could handle a hospital bed, wheelchair traffic and spills.

As the medical bills accumulated and insurance coverage began to get shaky, an online GoFundMe campaign was launched. Thanks to a number of local businesses putting up fliers for the webpage and extensive sharing online, over \$14,000 was raised toward Dad's treatments, as well as hospital bills that Mom herself unexpectedly accumulated after a fall severely damaged her spleen.

As Dad's health declined and he became more and more limited to bed, many friends volunteered to spend their time with him; reading, playing music or just visiting. Gifts such as books, magazines and access to television meant a great deal to him during his final months, but personal visits clearly held special value, even when he had trouble recognizing a face or following a conversation.

Folks also generously volunteered their time to support Mom during this trying period, making grocery runs, helping with legal matters and providing opportunities for her to take much-needed breaks by giving her tickets to local events or volunteering to watch Dad. Even now, friends are still there for Mom, setting up health insurance, arranging finances, helping her organize Dad's memorial service this November, and just being there for emotional support during this tough and busy transition.

Early on, doctors estimated that Dad could have as little as three months to live, given his age and the severity of the cancer. During the subsequent three years of living with that cancer, Dad struggled at times with why he was still here. A man of faith, he was not afraid of physical death, and he believed there must have been a reason he had been kept on earth as long as he was. Well, I believe part of that reason was to bring our community closer together. And

while I know not all will share our family's views on theological determinism, it cannot be denied that something very special happened in our little corner of the Inland Northwest over the past three and a half years.

Shortly after his initial diagnosis, Dad recorded a video for posterity; a record of his life and faith intended for both current and future generations. He concluded with a heartfelt message to his immediate family where, among other things, he passionately urged us to use our gifts, pursue our passions, and take joy in serving, noting that "it's more blessed to give than receive."

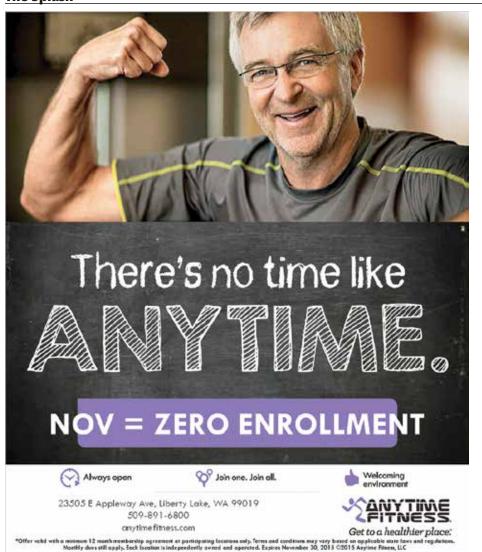
This has always been a core belief in our family, with each member finding their own unique ways to help others in need, be they friends or complete strangers, according to their personal abilities. But over the course of the last three years, our family has found itself on the other side of that philosophy, and we have had the privilege of seeing the reciprocal rewards of giving at work in others. As much as their gifts of time and resources helped us, they also clearly had a wonderful impact on those who gave them.

Much can be said about the quality of Liberty Lake's streets, the amenities in its recreational areas and the handsome land-scaping around its homes and businesses. But it's people that really make our area such a wonderful place to live; people who don't just occupy adjacent spaces, but know and care about their neighbors. That's what truly forms the heart of any close-knit community, and our family has had the privilege of seeing that caring spirit at work. Whether it came in the form of time, money or just an encouraging word and a hug when it was needed, it all came from the same place, and it is all equally deserving of our everlasting gratitude.

So on behalf of the Brubaker family, I urge those reading this to go out and truly become a member of our community, not just an occupant. Attend events, get involved in organizations, hang out with your neighbors, take a minute and get to know those faces you regularly see at the grocery store, library or gym. Make connections with people, be there for them if they're facing a difficult time in their lives, and when it's your turn to be the one in need, let them be there for you. When it comes from a place of love and generosity, service truly does bless everyone involved.

Jason Brubaker and his family welcome all to attend Tom Brubaker's memorial service at 11 a.m. Nov. 28 at Valley Bible Church, 3021 S. Sullivan Road.

Editor's note: A memorial fund for the family has been set up at Umpqua Bank. Donate to the Thomas Brubaker Memorial Fund at any Umpqua location.



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Dr. Stephen D. Craig, Liberty Lake resident



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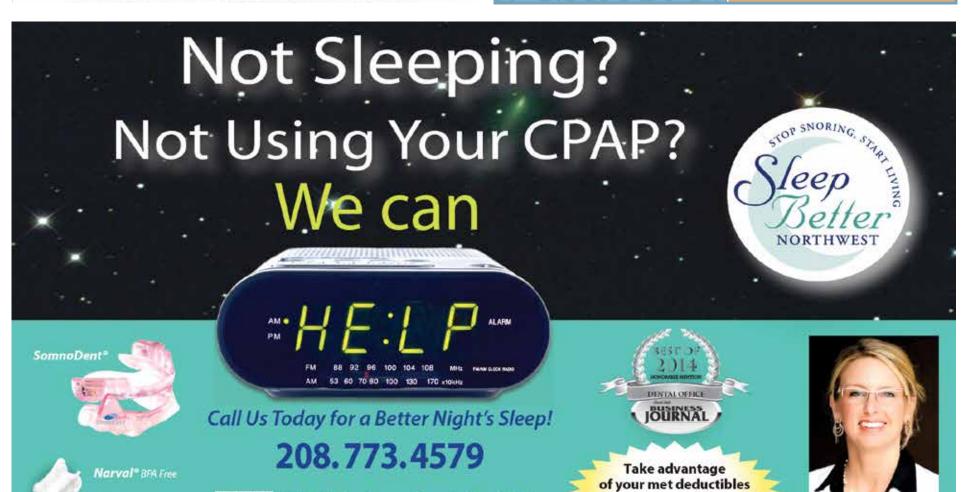
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Community enjoys long-held culture of play



Playing along Wicomico Beach, Liberty Lake's west side, circa 1907



Children playing in the sand and water along Liberty Lake's western shoreline, 1920



Arrrrrg! Pirates preparing to land at the George Libby Camp for Boys, circa 1922



Splashing in the water at Liberty Lake Park, 1923



PHOTOS COURTESY

OF LIBERTY LAKE HISTORICAL SOCIETY

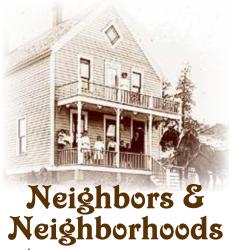
One of many hiking trails to explore at Liberty Lake, circa 1908



Enjoying Dreamwood Bay and its water playground, circa 1924



Swinging at Liberty Lake Park, circa 1912



A 2015 SERIES PRESENTED BY THE LIBERTY LAKE HISTORICAL SOCIETY

DID YOU KNOW?

- Newspaper advertising in 1907 for the Wicomico Beach neighborhood proclaimed, "... sandy beach affords an ideal playground for children." They also touted the many picturesque trails that ran deep into the woods. This promotion of the Liberty Lake development came at the same time Spokane established a parks commission to address the insufficient public space for a rapidly growing Spokane population.
- Play in the first half of the 20th century was more about an activity than a toy. Common activities included field games like Tag, Hide and Seek, Red Rover and Red Light-Green Light. Marji Fewkes, who grew
- up at Liberty Lake in the 1940s and '50s, remembers playing Annie-Annie Over in Liberty Lake Park. It is a game that is played over a lower building that you can throw a ball over and be able to run all the way around it. The former railway depot worked perfectly for this, especially since trains stopped coming there 20-some years before. Gary Rasmussen, who also grew up at the lake, fondly remembers playing Capture the Flag and another field game called Ghost in the 1960s on Liberty Lake's west side.
- According to Liberty Lake resident Ron Knudsen, playing Kick the Can was a popular evening activity in the 1940s and '50s. To put their own Liberty Lake spin on it, competi-
- tors combined the game with a crawdad catch and feed. Prior to the game, they set a large crawdad trap. After playing the game for hours they would return to collect then have one of their moms cook their bounty. Catches of 50 to 100 were not uncommon then
- "Make believe" used to be a bigger part of play. Kids had less then, so they had to make believe more. Google this to see what child development experts say about the benefits of "make believe" incorporated into play.
- For more information, Google the abovereferenced games to learn their rules of play.

— Ross Schneidmiller, Liberty Lake Historical Society

New librarian hits the ground running

Humble selected to oversee youth services at LLML

By Tammy Kimberley SPLASH STAFF WRITER

In just her first few weeks on the job, Jandy Humble kick-started the new early literacy programs and story times at Liberty Lake Municipal Library. She was also responsible for helping to promote and sign up families for the new parent-child reading initiative "1,000 Books Before Kindergarten."

And this is in addition to placing orders for children and teen selections, working the front desk and getting to know the staff.

"I really like this library because you get a chance to do everything," Handy said. "There's never a dull moment."

Humble started her role as the new youth services librarian on Sept. 17. She and her husband had been looking to relocate to the area from Utah to be closer to her husband's family, and she jumped at the chance to apply for the open position.

A Utah native, Humble received her bachelor's degree in English and Literature from Utah Valley University. She completed a Master's of Library and Information Studies this past summer



SPLASH PHOTO BY TAMMY KIMBERLEY

Jandy Humble started as the new youth services librarian in mid-September.

through the University Of Alabama.

Her four years of experience in library settings is varied. She started as a clerk in public libraries and then transitioned to academic libraries — both law and university — where she worked in technical services.

But she finds there's a lot more action at public libraries.

"I enjoy the hustle and bustle in a public library," Humble said. "In academic libraries, students typically just come to use the space and study."

In addition to being in charge of story times and ordering youth selections, Humble will be responsible for all other aspects of children's programming, from parties to the summer reading program and any type of teen programming.

Pamela Mogen, director of library services, said Humble's unique experience in developing library programs for special needs children was one reason her resumé stood out from the other applicants.

"We'll be looking for ways for her to develop similar programs here in Liberty Lake," Mogen said. "In addition, Humble will also be taking over the guidance of Liberty Lake's Youth Council, folding it into service and event opportunities based out of the library as well as looking at new opportunities."

Humble said she welcomes the opportunity to interact with teens to expand the teen collection, find new resources and provide great programming.

"We're hoping to start a teen advisory board to get their input on what they find is cool and make the library what they want it to be," she said.

LEARN TO BREW YOUR OWN BEER!

1:30 p.m. Nov. 14

The art and science behind home brewing is the topic of this special workshop from Peter McArthur of Nu Brew Home, Bottles and Inland Brewers Unite. Learn about equipment needs, the brewing process and changes and trends in the brewing world. There will be time to ask this expert homebrewer your questions.

ALSO IN NOVEMBER

Become Debt Free 6 to 7 p.m. Nov. 5

Workshop by STCU; light meal provided. Learn how to use the tools that make debt-free living possible. Register at stcu.org/workshops.html

WWII Speaker 6 p.m. Nov. 12

EWU professor speaks on
"Black Paratroopers in Washington
State During WWII"
(see article on this page)

International Game Day

1 p.m. Nov. 21

Board games and Wii Mario Kart are among the offerings. Bring snacks and a friend — or come and meet a new friend. All ages invited.

KIDS AND YOUTH

Storytime Schedule

Baby (0-24 Months) Tuesdays at 10:30

Toddlers (2-3 Years Old) Wednesday at 10:30 am

Preschoolers (4-5 Years Old)
Fridays at 10:30am

Tween/Teen Movie Night 6 p.m. Nov. 19

Come watch "The Hunger Games: Mockingjay Part 1" on the big screen in preparation for the release of Part 2. Popcorn and candy provided.

Liberty Lake Municipal LIBRARY

www.libertylakewa.gov/library 23123 E. Mission Ave. Liberty Lake • 232-2510

LLML hosts program about black paratroopers

Local speaker comes to library through Humanities Washington program

By Tammy Kimberley SPLASH STAFF WRITER

In an effort to recognize Veterans Day in a unique way, the Liberty Lake Municipal Library is hosting a presentation on the first all-black paratroopers in Washington state during WWII.



BARTLET

In partnership with the Humanities Washington Speakers Bureau, the free event will occur 6 p.m. Nov. 12 at the library, 23123 E. Mission Ave.

In the presentation, Humanities speaker Robert L. Bartlett will share

about members of the 555th Parachute Infantry Battalion, a WWII unit made up of some of the Army's best trained paratroopers nicknamed "Triple Nickle." This first all-black paratrooper unit was assigned to a highly-classified mission

IF YOU GO ...

The Triple Nickel: Black Paratroopers in Washington State during WWII

Nov. 12 at 6 p.m.

Liberty Lake Municipal Library 23123 E. Mission Ave.

In partnership with Humanities Washington, the library is hosting Robert L. Bartlett to share about the seldom-told story of the first all-black Airborne Infantry Firefighters.

For more: 232-2510 or www.humanities.org

known as Operation Firefly and trained to jump on forest fires as first responders during that era, including the 1945 Mt. Baker fire.

Shardé Mills, adult services librarian, said the event will have culture and diversity and local history all tied up in one presentation. She also noted the relevance due to the wild fires throughout the state this year.

"It's an important part of our state history and something people probably haven't learned about in school," Mills said. "And we've had so many fires this year, it is really important to be aware of the history and past of the people who fought those fires."

This is the first speaker the library has hosted though the Humanities Washington program, Mills said. In order to bring the program to the community, the library had to go through an application process. The program was approved and paid for through their Speakers Bureau, whose goal is to provide engaging conversations about Washington-specific history, culture, geopolitical issues and more.

A professor in the Dept. of Sociology and Justice Studies at Eastern Washington University, Bartlett is an Army and Vietnam War veteran. He has nearly 30 years of teaching and presentation experience in Eastern Washington.

"I've heard he is a fantastic speaker," Mills said. "He's a part of our local area and just coming to hear him is well worth your time."

For more, call 232-2510 or visit www. humanities.org.

New venture a natural step for Hamilton

By Treva Lind

SPLASH CONTRIBUTOR

Entrepreneurs in the family surround Sarah Hamilton, who has held that role partnering with husband Joe to start Pilgrim's Natural Food Market in Coeur d'Alene 15 years ago.

Now Hamilton has a new venture solely in her name, Sarah Hamilton FACE, providing facial care as a medical aesthetic nurse specialist. Offering 12 years of experience with Botox, fillers, medical-grade skin care and peels, Hamilton opened the business in May in Liberty Lake Portal, 23403 E. Mission Ave.

"We have a whole family of entrepreneurs," said Hamilton, reflecting on people in her life and reasons for starting a business in Liberty Lake. Joe Hamilton grew up in Liberty Lake from third grade on until leaving for college. He and Sarah as a family moved back here in 2000.

"My daughter runs Sydney Baye Photography," she said. "My sister is a jewelry designer, Melinda Maria Jewelry in Los Angeles. Then we have Pilgrim's, and my father-in-law is a land developer. I've been thinking of starting my own business for several years. I work more hours owning my own business, but it's definitely more rewarding, too."

Hamilton described good timing to launch an enterprise, after working part-time in the aesthetic field while her kids were growing up. Their three children are ages 23, 20 and 18, including the eldest, Sydney; Kate, who is a sophomore in college; and Michael, a senior at Saint George's School.

She previously worked providing aesthetic procedures for a cosmetic surgery center in downtown Spokane. Hamilton said loyal customers have followed her to Liberty Lake, while the practice also is attracting new patients. She has clients travelling to appointments from North



SPLASH PHOTO BY TREVA LIND

Sarah Hamilton recently opened a boutique medical spa in the Liberty Lake Portal building.

Spokane and Coeur d'Alene and from as far away as Utah and Montana.

"I absolutely love my patients," she said. "Some of them I've been seeing for 12 years, and I always look forward to seeing them. We're twice as busy as I've ever been at any other facility. We're growing much quicker than I anticipated."

Raised in Spokane, Hamilton has been a registered nurse for 20 years. Before entering the aesthetic nursing field, she worked as an intensive care and ER nurse at local hospitals in newborn intensive care. After graduating from Lewis and Clark High School, she studied nutrition and community public health at Eastern Washington University with an original intent to become a nutritionist.

She decided nursing was a better route

for working in public health, so she switched schools to get a nursing degree at North Idaho College. She then did two years of graduate work in nutrition before staying home with kids and working with Joe to launch Pilgrim's, which opened in 2000.

"That's Joe's baby," she said. "I started it with him a few years, and then I decided I wanted to use my nursing degree, especially as my kids got older."

Away from work, Hamilton described a life full of family, loving to cook, playing tennis and gardening.

Also as no surprise, she appreciates healthy foods, with another nod to Pilgrim's.

"Of course, I solely shop there," she said. "I'm very into nutrition, and we eat mainly organic. We have for years, before it became popular. That's a hugely growing industry."

Gardening is a new passion. The Hamiltons are creating an urban farm in Coeur d'Alene on a lot purchased behind the store. Farming is expected to occur year-round on the site, like a community project, to use the food and donate some.

Pilgrim's recently won an award as most innovative natural food market in the country, she said, because of a wellness center offered to customers who can access experts such as a naturopathic doctor and a dietitian.

Hamilton hopes eventually to offer aesthetics appointments at Pilgrim's as a satellite practice and for providing anti-

} profiles:

SARAH HAMILTON

Age

Profession

Registered nurse and business owner

Favorite hobby

Tennis. I love playing.

Favorite Liberty Lake site to visit

Rocky Hill tennis courts

What people might not know about you

I'm usually up by 4:30 just to get stuff done.

No. 1 health tip

Limiting sugar in your diet

aging information.

"I feel the best anti-aging is sunscreen, eating good foods, staying away from sugar," she said. "A lot of skin care is as much what you put in your body as what you put on your body, and using sunscreen."

Several members of her family live in Liberty Lake, including her mother, another sister, and the Hamiltons' eldest daughter and son-in-law. Sister Ashley Stepp also is an aesthetic nurse and plans to eventually work at Hamilton's clinic once her young children are a little older.

Sarah Hamilton FACE is sharing Portal office space with Dr. Geoffrey Stiller, a cosmetic surgeon who schedules patients two days a week in Liberty Lake.

"I help him with his patients," she said. "I do all his pre-ops, and post-ops, and consults for surgical patients. And three days a week, I see patients for procedures such as Botox and dermal fillers. We do face peels, provide medical skin care products and do skin care consults. We also train here, so I train nurses and doctors from all over the U.S.

"It's more of an art once you get the science down. I have a good rapport with my patients."

Botox also can help people suffering migraines or from excessive armpit sweating. Her patients range in age from 18 to 85. Most are females, but about 10 percent are males.

"It's getting more popular with men, maybe to soften lines a bit," Hamilton said.

She described her overall work in aesthetics as enhancing patients' natural features.

"My approach is more natural in that they look rested, not overdone," Hamilton said.





This 2BD/2BA, 2040 sq.ft. home is light and bright with lots of windows overlooking the lake and mountains, has an updated kitchen, master bedroom with walk in closet, total of 3 car garage and finished basement space for guests.

Priced at \$570,000 for a quick sale!

R 🗈

John L. Scott Kari Hayes
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Karihayes@johnlscott.com

Joanne Smith 360-710-7736 Joannesm@johnlscott.com

COMMUNITY

Gratitude is an attitude



By Chad Kimberley
SPLASH COLUMN

My wife gets gratitude.

She is phenomenal at thanking people and thinking of people to thank. She wants to make sure to honor and share a moment of gratitude to her friends, her family, those who help her and those who help others.

She insists that our kids write thank you notes for birthdays and Christmas gifts and encourages me to do the same. She helps our kids to honor and thank teachers, coaches, directors and any other folks who help our kids to have great experiences.

Tammy has an ongoing journal that lists out people, places, moments and events that she is grateful for, and a quick check

Sunday Evening 6:00 pm

Wednesday Serv 7:00 pm

of that list always seems to help her refocus on the important things and transition right back into a spirt of gratitude if she ever gets to a point of frustration.

I, on the other hand, have struggled with the same attitude. I feel like I am a fairly thankful person. I thank those who help me. I thank referees for giving up their time to officiate — and especially after I get a close call. I thank those who have given me opportunities in my career and have supported me in both my crazy and conservative endeavors.

But I do not regularly slow myself down enough to be thankful, and I stink at keeping a journal. So I figure this column might be the perfect place to get out all those thanks that should be a regular part of my life, but here in this month of Thanksgiving need to be shown a bit of love.

Thanks to the Liberty Lake parks department for keeping the parks in great shape, getting the baseball fields ready to go so my son and I can take some grounders, and having the equipment clean and ready to be climbed on and slid down. Although they are not part of the parks department, I have to throw out thanks to Friends of Pavillion Park for creating a great set of summer events to enjoy in the parks.

Thanks to the Liberty Lake Community Theatre folks who provide quality en-

tertainment in our community, and most importantly give my daughter (who loves a little drama) a place to try new things, take on the personality of different characters and find a place where she is encouraged, embraced, challenged and mentored.

Thanks to teachers and coaches who impact our youth in so many crucial ways. They teach academic and athletic skills, but many times, their impact goes much deeper to the life lessons that are taught when failure occurs, when frustrations boil over or when friendships get damaged. Those lessons help our kids become the type of young men and women we hope for.

Thanks to the Liberty Lake Farmers Market for providing opportunities to small businesses and local vendors — and some great food and snacks for folks like me who love to eat. It seems like this past year was a bit incomplete for one reason: my family didn't make it down there as often as we normally do. Most sadly, I never picked up a breakfast burrito this year. I may have to eat 10 next year to make up for it

Thanks to the Liberty Lake Police Department. This has been a rough year for police departments and community relations across the United States, but I am very thankful for a group of men and women who help provide not just a safe community but a community where there are posi-

tive interactions and a visible presence.

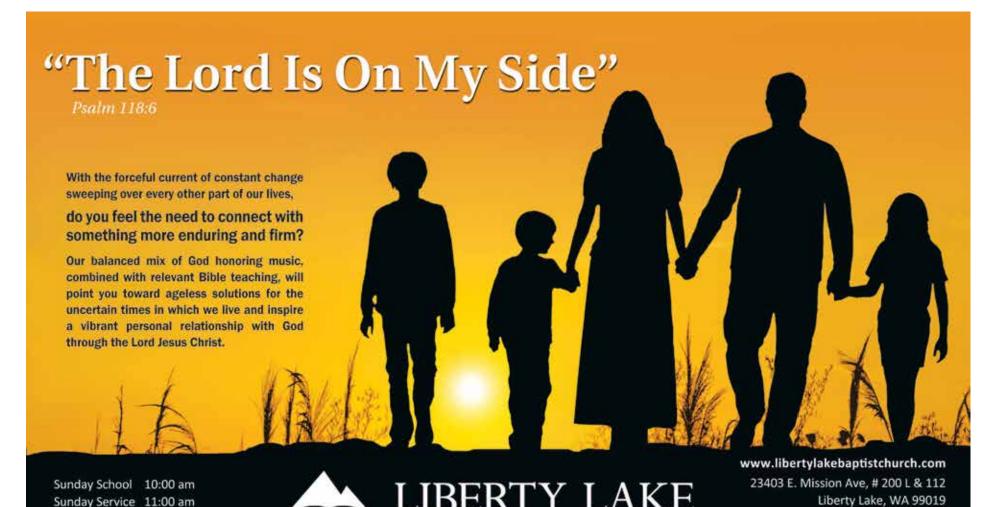
Thanks to the Fallen Heroes Circuit Course committee for establishing healthy stops all over our community where adults and kids can get a quick workout in while most importantly taking time to honor and remember those men and women who serve our country through the armed forces. It seems like this coming Veterans Day would be a great time to take a jog or walk through the course and whisper a quick thanks at each stop along the way.

Thanks to those who call this place home. I am thankful to live in a community where people wave as you jog or drive by, who support needs by walking dogs, joining races and supporting programs, and a place where folks get involved in making our town better via everything from Fourth of July celebrations or lighting up a reindeer's nose once the Christmas season rolls around.

This is not an all-encompassing list but simply a start toward becoming a person who is grateful and seeks to see things around him to be thankful for. As we enter this Thanksgiving season, take a few moments to stop into a business, pop into the library, drop in on someone and tell them thanks for the ways they may impact this community.

Chad Kimberley is a teacher and coach. He lives with his family in Liberty Lake.

> Church Phone : 509-869-3398 Pastor Greg Wilt: 509-289-9262





SPLASH PHOTO BY TAMMY KIMBERLEY

Suong Luong and her staff have been providing manicures and pedicures at Anne's Nails since Sept. 21. The salon is located at 1235 N. Liberty Lake Road, suite 104.

Salon offers manicure, pedicure options

By Tammy Kimberley SPLASH STAFF WRITER

Housed in an airy, open space filled with modern equipment and colorful nail polishes and designs, Anne's Nails enticed customers to give the business a try with grand opening specials throughout the month of October.

The new salon, situated in the former Curves location, opened on Sept. 21 at 1235 N. Liberty Lake Road, Suite 104. Suong Luong, along with her husband Triet Ngo, decided to open the business after coming to the conclusion that the growing Liberty Lake community should have another option to choose from in the nail business.

"The city of Liberty Lake is a great place to live, work and play. Therefore, my husband and I made the final decision this summer to choose this area for our business," Luong said.

The couple has two children — a boy and a girl — and decided to name the salon after their daughter.

Luong has been in the nail business for over 10 years. She considers it a family business with two nieces, a nephew and a friend working with her in the salon so far. She said she takes pride in the state-of-the-art environment she offers her customers.

"At my salon, you can find new techniques and new equipment," she said. "The salon meets all new requirements of the state law including the ventilation system, plumbing and lighting."

Services offered include manicures, pedicures and waxing. A regular manicure costs \$12 and additional services can be added

FOR MORE ...

Anne's Nails

1235 N. Liberty Lake Road, Suite 104

Salon hours are 9 a.m. to 7 p.m. Monday through Saturday and 11 a.m. to 5 p.m. Sunday. A 20 percent discount off all services is being offered through the end of November.

For appointments, call 723-4847, or search Anne's Nails on Facebook for more information.

including designs and color tips. They also accept reservations for wedding parties and other special events.

Betty Hollingsworth stopped by Anne's Nails for a nail touchup and shared that she's already been in several times for manicures and pedicures. She has enjoyed the space with its high ceilings and lack of noticeable fumes, a good feature since she is currently on oxygen.

"Everything is nice and clean and beautiful," she shared. "Plus my nails look beautiful. I get compliments on them all the time."

Shirley Branson said a friend recommended Anne's Nails after going in for a pedicure and manicure. During her visit, Branson was impressed with the surroundings which she described as "first-class and absolutely gorgeous," including the friendly service and chair massage.

"It's everything you want in a nail place," she said. "I will definitely be a regular customer."

In Biz

Quality Inn wins award

Quality Inn & Suites, 2327 N. Madson St., recently announced it was named a Silver Level GreenLeader in the TripAdvisor program. Properties accepted into the program meet environmental standards developed for TripAdvisor by leading consultants and experts.

The program helps travelers plan greener trips by highlighting hotels engaging in environmentally-friendly practices, a press release said. The more green practices a hotel has in place, the higher its GreenLeader level on the TripAdvisor site.

"Being more responsible about the footprint that we leave in our neighborhood, environment and our guests lives is our passion and we continue to innovate and lead by example a more sustainable company focus" said Jason Fierst, general manager at the Liberty Lake hotel.

For more information, please visit www. tripadvisor.com/GreenLeaders.

CU*Northwest turns 10

CU*Northwest, a 100 percent creditunion owned CUSO, celebrated its 10year anniversary on Oct. 1.

Since 2005, the Liberty Lake business located at 1421 N. Meadowwood Lane, has grown to provide core data processing and other services to over thirty credit unions in six states, with more scheduled to join the CUSO in the future.

"Turning 10 is a milestone for any company, but for CU*NorthWest this is not only a business victory but a victory for cooperative values," said CEO Great Smith in a press release.

For more, visit www.cunorthwest.com.

LL dentist expands practice

Dentist Michelle Olmstead, owner of Liberty Lake Family Dentistry, recently leased an office at 461 N. Ash in Spokane to open a fourth practice for patients.

The new 2,100-square-foot location in north Spokane will be called Maple Street Family Dentistry. For more, visit www.libertylakefamilydentistry.com.

Local builders receive Festival of Homes awards

New home construction awards were recently presented to builders who participated in 11th annual Fall Festival of Homes.

Liberty Lake-based Greenstone received awards in several categories. Liberty Lake resident and home builder Phil Folyer of Morse Western Homes also received multiple awards.

A number of the homes from the show have sold, and all homes in the Festival are still featured at www.SpokaneFestivalof-Homes.com.



SUBMITTED PHOTO

Builder raises funds for SCRAPS

When Gordon Finch Homes made the decision to be part of the annual Fall Festival of Homes, they wanted to offer people more than the opportunity to tour a home, a press release said. So they partnered with SCRAPS to raffle off a custom dog house.

During the festival, visitors to the "The Kootenay," located at 400 N. Timberfield, had the opportunity view a Craftsman style dog house featuring cedar siding and a cedar shake roof. Volunteers from SCRAPS were also on hand with adoptable pets during the event.

The winner of the dog house was 11-year-old Catelyn Davick, who received a collection of dog toys and treats as well. All proceeds from the raffle benefitted SCRAPS.

LL author releases book

Liberty Lake resident Jay Parker recently published a book for singles called "Dating without Delusion." The book, along with corresponding web resources, shares how to build relationships on the foundation of one's personal core values.

Parker teaches classes on the book's principles at Real Life Ministries in Post Falls and also speaks at singles conference and retreats for all ages. For more, go to www.datingwithoutdelusion.com.

Splash, Current to publish holiday gift guide

Local businesses are being offered an opportunity to showcase local gift ideas and menu items in the "Eat, Shop and Be Merry" holiday guide. Deadline to reserve an ad in the guide is Nov. 12.

The guide will be included in the December issues of The Splash and The Current, a combined 18,000 copies. It will be distributed Nov. 23-24 throughout the greater Valley area and will remain on newsstands until Christmas.

The Splash is also soliciting input on the best gift ideas and menu items that can be found in the Valley area. Email editor@ libertylakesplash.com with recommendations for local dining and gift-buying.

Rockwood sisters integral to CV success

By Mike Vlahovich SPLASH CONTRIBUTOR

When people are told that Jade and Meghan Rockwood are twins, the initial reaction is one of disbelief.

"People look at me in shock and say, 'No way!" Meghan explains.

Jade is blondish, long and left-handed and looks most like their mother. Meghan is right-handed, dark-haired, shorter and takes after their dad.

But like two snowflakes, while the two may differ in appearance, they meld on the volleyball court as linchpins during Central Valley's recent unprecedented run of success.

With them in the lineup, the Bears have qualified for state two successive years, last year winning the Greater Spokane League, district and regional tournaments and finishing eighth in state. This year, they repeated their GSL title and are headed into the postseason beginning Oct. 31.

The fraternal twins have been inseparable on the volleyball court since being towed to the gym at age 7 where their mother, Cathy, was helping coach older sister Peyton on a volleyball club team.

"When Peyton was 12, I was assistant coaching," explained Cathy. "The deal was I'd be the coach if they allowed the twins in the gym."

Jade remembers the two of them "stealing a ball from the cart" and playing together. Bitten by the volleyball bug, they hit the club circuit and from age 12, Cathy said, the two have qualified for national tournaments every year.

They may have different personalities and goals. Jade is stoic and internalizes a fierce competitiveness that she'll carry on in college. Meghan is more outgoing and vociferous as she directs things from the back row. Her career will end as she prepares for a career in medicine. But the two are inseparable.

"Oh my gosh," Cathy said. "They were each other's best friend, always. The two have been perpetual motion since they were born. There were times when I had to tell them to take it outside or go downstairs because they were laughing so loud."

If ever there were a sense of rivalry between them, it is because they both are setters. Meghan may have envied Jade's height,



SUBMITTED PHOTOS

Meghan (above) and Jade (right) Rockwood, pictured here playing at a club team tournament, have played a central role in the success of the Central Valley High School girls volleyball team. "Jade runs the offense, Meghan runs the defense," coach Laurie Quigley said of the twins.

but Jade envied Meghan's "amazingly clean hands" when directing a ball.

Until this fall, the two spent their careers sharing the position and splitting time on the court. First-year coach Laurie Quigley resolved a dilemma by making Jade the lone setter and moving Meghan to libero in the back row so the pair can play fulltime.

Quigley had come to Meghan and explained her options and asked her what she wanted to do.

"What can my team benefit from more?" Meghan asked her coach. "Changing from setter to libero was hard. As a setter you're running the court, tell the girls what to do and set up the system."

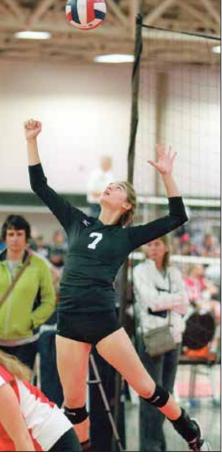
Meghan at first embraced her new role reluctantly. Having never played the position, she said she took it on as a challenge.

The libero does the dirty work in the back, often diving to dig up the ball before it hits the floor and beginning an attack with a pass to her setter, in this case in sync telepathically with her twin. In matches this year, her defensive dig totals have run as high as the 30s.

"Meghan's a great setter, too, but we made the decision we wanted her on the floor all the time," Quigley said. "She sees the other team's offense unfold really well, can make reads and guesses right most of the time."

Jade's role is to direct the ball to power hitters who get the glory. Jade has sometimes assisted successful kills in the 40s. Being left-handed, she also provides an added dimension to CV's attack.

"Coach Laurie has definitely helped me



jump set more and be more of an offensive threat up at the net," Jade said. "She also helps me more with the mindset of who I need to go to in situations."

"She sees the court really well, sees other team's blockers really well," Quigley said. "Her biggest presence is when she is in the front row and can swing on the ball."

To watch them play is a revelation. Jade is all business on the court and her visage underscores her drive, although of late she's become more animated. Meghan, on the other hand, is constantly moving and vocal, like watching Denver quarterback Peyton Manning, directing traffic.

"Having them both on the floor all the time is huge for us," Quigley said. "Jade runs the offense, Meghan runs the defense."

They'll play softball together this spring, Jade, once a promising pitcher, in left field, Meghan, who caught her, at third base. But time is soon coming when the twins must cope as they go their separate ways. Both say it will harder on Jade than Meghan.

"It is going to be really different not sharing a car with her, or practically going everywhere with her," Jade said. "But the hardest part, I think, is just not having my best friend with me because I'm so dependent on her."

Meghan added, "I think it will be hard when Jade and I are separated, because we have been together for 18 years. But I think we won't be afraid to call one another and just talk and support one another."

As they've done in sports for all these years.

CV football locks up postseason



SPLASH CONTRIBUTOR

Last year, Central Valley's football team found itself with an uncharacteristic losing record, including defeat to rival University for the first time in years.

This season, CV is back, having posted a 6-2 record headed into its home finale against the Titans, the team's spot in the playoffs already secured.

"Our first goal was to make the playoffs," coach **Rick Giampietri** said of ambitions going into the season. Three GSL teams advance, with numbers 1 and 2 staying home. "Just getting in is important, and it's important to get the second spot."

That spot was secured behind an offense that has done its job and a defense that has been superb. Since giving up 467 yards in the season opener, the Bears have allowed only one other team to amass more than 300 (to GSL champ Gonzaga Prep).

They lead the league in total defense, holding four other teams to an average of fewer than 160 yards per contest.

"The linebacker core and secondary have been solid, and our defensive line

See NOTEBOOK, page 37

Scoreboard

COMMUNITY GOLF

9/23 Trailhead Ladies 9-Hole Club

Flight A: Gross, Sammie Fletcher, 50; Net, Kathy Zinkgraf, 37 Flight B: Gross, Kay Sharp, 43; Net, Deanna Hauser, 28 Flight C: Gross, Beverly Lewis, 56; Net, Shirley Roberts, 34

9/24 Liberty Lake 9-Hole Club

1st Flight: Gross, Judy Cameron, 51; Net, Bette Devine, Mary Ann Grannell, 37 (tie) 2nd Flight: Gross, Kathy Camyn, 55; Net, Marylou Nowels, 36; Chip-in on #5, Deanna Hauser 3rd Flight: Gross, Luana Hager, 61; Net, Emma Long, 35

9/30 Trailhead Ladies 9-Hole Club

Flight A: Gross, Georgia Hartman, Kathie Krestyn, 47 (tie); Net, Kathy Zinkgraf, 33 Flight B: Gross, Ann Parman, Iness Walth, 49 (tie); Net, Joy Russell, 30 Flight C: Gross, Nancy Wendelburg, Beverly Lewis, 52

10/1 SV Women's Evening League

2015 Awards

(tie); Net, Shirley Roberts, 33

Club Champion: Marie Neumayer, 93 Flight B: Gross, Shelly Van, 109; Net, Evanlene Meltingtallow, 69

Flight Č: Gross, Colleen Lynn, 113; Net, Sandy Nowaski, 78 Flight D: Gross, Elaine Edwards, 135; Net, Patty Bordelon, 73 President's Cup (most chip-ins and birdies): Evanlene Meltingtallow, 4

Attendance: Nancy Moore and Marie Neumayer, 15 Most improved: Shelly Van, improved 5 strokes

Citizenship comes with duty attached

By Ozzie Knezovich
SPLASH GUEST COLUMN



The PACE character trait for November is citizenship. Citizenship is often thought of in two ways. The first way people may think of citizenship is one's legal status of being a citizen of a country. In looking at citizenship in this way, the mere fact that you live in a country and have sworn or affirmed your allegiance to the country makes you a member of that country's society. In this respect, citizenship is belonging to the collective community or society. However, citizenship is much more than just living in and belonging to a country.

Citizenship is also accepting that there are duties and responsibilities that come with being a member of a community or country. As citizens, we have duties and responsibilities to ensure that our communities are safe, that all members of our country are treated fairly and respectfully, that we protect those members of our society that may not be able to do so on their own and to make our communities and country a place where everyone has the opportuni-

About the Opinion Page

The Splash opinion page is intended to be a community forum for discussing local issues. Please interact with us by sending a letter to the editor or Liberty Lake Voices guest column for consideration.

Letters to the editor of no more than 350 words or guest columns of about 700 words should be emailed to editor@libertylakesplash.com or mailed to P.O. Box 363, Liberty Lake, WA 99019. A full name and telephone number must be included for purposes of verification. A photo of the author must be taken or provided for all Liberty Lake Voices guest columns.

The Splash reserves the right to edit or reject any submission. Business complaints or endorsements will not be accepted, and political endorsement letters will only be accepted if they interact with issues of a campaign.

Views expressed in signed columns or letters do not necessarily reflect the views of this newspaper or its sta®. Editorials, which appear under the heading "Splash Editorial," represent the voice of The Splash and are written by Editor/Publisher Josh Johnson.

ty to succeed based on their honest efforts.

When I was going to school, we were graded on our citizenship skills. We were graded on how well we worked with fellow classmates, teachers and other members of our school community. Our grades depended on if we actually treated each other with respect, the amount of help we gave others, how well we followed the rules and if we contributed positive ideas and behaviors within our classrooms and school.

We were taught that we had a responsibility to make sure that our schools were clean, safe and that others felt respected. There was an expectation that we would follow the rules and to let those in authority know if rules were being broken. It was really up to us to make sure that our school was a place that everyone wanted to attend and be part of, and to help those in need.

These are the same things that our community and our country expect of all its citizens. As a community and country, we have the same responsibilities. It is our job as citizens to ensure that our communities are safe, to obey the laws, to help others in need and to make our community and country a place where everyone feels that they belong.

My great grandfather was very proud to be a citizen of the United States of America. When he received his citizenship, he stated, "I am finally a citizen of my country." He considered the United States to be his country long before he was actually granted his citizenship. He worked hard and became a citizen of the country he loved and worked to make our country the best place he could.

Our forefathers gave us a great nation, which is guided by one of the greatest documents ever written, the Constitution of the United States of America. The Constitution lists the rights granted to the citizens of the United States. With those great rights come great responsibilities. It is the efforts we all put into making our country a great place to live for all our people that will determine how well we honor those great rights we were given.

Ozzie Knezovich has been sheriff of Spokane County for the past nine years and in law enforcement for 25 years. He wrote this column as part of a series highlighting the Partners Advancing Character Education (PACE) trait of the month. VALL LISTEN UP...THERE'S A NEW SIGN SHERIFF IN TOWN...
THOSE NEW FANGLED ELECTRONIC MESSAGE SIGNS THAT
CHANGE AROUND? YOU'LL SEE SOME ON I-90 AND AT PUBLIC
ENTITIES... BUT DON'T LET ME WANDER INTO ANY OF
THOSE THINGS AT COMMERCIAL SHOPS ON ROADS LIKE
COUNTRY VISTA.. DID I FORGET ANYTHING, CLOPPY?

THE HONORABLE
J.R. PLACARD

LINDSBARY
SIGN 1.
SHERIFF?
PUBLIC
ONSTABLE
WHAT ABOUT
FLUORE SCENT
BANNERS, BOSS?

Letters to the Editor

Financial education lacking

The ability to manage ones' finances is critical to ensure financial security. The first step in understanding how the world works is developing financial literacy in high school. However, the fact of the matter is that most students are taught skills that are unnecessary for their professional lives. I believe it is an injustice of the American education system that students are required to take high level classes which have no bearing on their lives, but in many cases are not offered the opportunity to learn about financial literacy.

No matter the profession, understanding money and how it works plays a critical role in everyone's financial success. Regardless of the phase of life every person should have the tools at their disposal to succeed. Therefore, I believe it is imperative that schools teach financial curriculum to their students.

To refute the naysayers - yes, English is important, as is basic math and fundamental history; however, students graduating without a basic understanding of finance is a travesty. Simple skills like how to balance a check book, how to manage debt and how to build credit — these subjects are reserved for parents to teach their offspring, but that doesn't make sense. If 42 million people live in poverty, it's safe to assume their skills in these fundamental areas are lacking, so unless a child is lucky enough to be born into a "well-to-do" family, they are at a high risk of repeating the mistakes of their parents. Financial literacy should be taught to young people so they can safely and diligently capture their piece of the American Dream.

Avery Frank

Washington State University student from Liberty Lake

RIM rides to success

The Liberty Lake Centennial Rotary Club would like to thank everyone who participated in the fifth annual Rotary in Motion (RIM) ride. We would especially like to thank all of the volunteers for their help and support to make this event a success.

Volunteers included the Christian Motorcycle Club, the Bike Hub, Nancy Brubaker and all of our Liberty Lake Rotarians. Momentum Ink printed our very cool long sleeve Tech-shirts. The Liberty Lake Jimmy John's sandwiches were enjoyed by everyone.

We appreciate the support from our major sponsors, including the Spokane Regional Sports Commission, Washington Trust Bank, Greenstone, Meadowwood Technology Campus, Avista, Baker Construction, Liberty Closing & Escrow, Vista Window Cleaning, Mountain Dog Sign Company, Storage Solutions, Inland Insurance, Blue Bunny, Haggen, the Bike Hub, the Kitchen Engine and State Farm.

This year's family five-mile RIM ride was held on Saturday, Sept. 19, and the 15-, 25-, 50- or 100-mile routes were held on Sunday, Sept. 20. The Liberty Lake Rotary Club was thrilled to have over 300 cyclists participate this year! Each route included supported rest stops with great snacks, some of which were donated by Haggen. We had 49 riders complete the 100-mile challenge ride and 105 riders completed the 50-mile scenic ride around Hauser and Newman lakes. The proceeds from this year's ride will benefit the Liberty Lake Rotary Club, including various projects in our local community.

Mark your calendar for the sixth annual Rotary in Motion (RIM) Ride on Sunday, Sept. 18, 2016.

Mandy Desgrosellier Liberty Lake Centennial Rotary

View all of the content in The Splash at:

www.libertylakesplash.com

NOVEMBER 2015 • 37 The Splash

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About

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Submitted materials

Announcements, obituaries, letters to the editor and story ideas are encouraged. Submit them in writing to editor@libertylakesplash.com or bring them by The Splash office. Submissions should be received by the 15th of the month for best chance of publication in the following month's Splash.

Subscriptions

Liberty Lake residents receive a complimentary copy each month. Subscriptions for U.S. postal addresses outside of the 99019 ZIP code cost \$12 for 12 issues. Send a check and subscription address to P.O. Box 363, Liberty Lake, WA 99019. Subscriptions must be received by the 15th of the month in order for the subscription to begin with the issue printed the end of that month.

Correction policy

The Splash strives for accuracy in all content. Errors should be reported immediately to 242-7752 or by email to editor@libertylakesplash. com. Confirmed factual errors will be corrected on this page in the issue following their discovery.

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Display ad copy and camera-ready ads are due by 5 p.m. on the 15th of the month for the following month's issue. Call 242-7752 for more information.

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SPORTS

NOTEBOOK

Continued from page 35

(led by Jordan Talafili) is having a good year," Giampietri said.

He ticked off the names of most of his defensive crew, including fellow defensive linemen Terrell Harrison, a junior, and freshman 260-pounder Wyatt Wick-

Junior linebackers Travis Hawkins and Chase Gilbert have played well, Giampietri said, along with Adam Alvarez.

In the defensive backfield, Tanner Gummersal has been lights out.

"I don't know how the little guy gets it done, but he just makes plays," Giampietri said.

Ben Craig (highlighted by a threeinterception performance against Ferris) and Christian Williams at the corners have done their job and sophomore Chase Edwards — who had a 105-yard interception return TD against Gonzaga Prep — "is a real talent."

Offensively, quarterback Tanner Sloan is second in the GSL in passing and had gone 102-for-178 for 1,185 yards heading into the final two games.

Gage Connole had rushed for 407 yards and nine touchdowns.

Back where they belong

Central Valley volleyball players successfully negotiated a three-team gauntlet that secured its second straight Greater Spokane League championship, but the first for rookie coach Laurie Quigley.

"Coming into a group of 10 seniors probably sounds daunting," she said of replacing two-time state qualifying coach Amanda Bailey, "but they have been great about buying into what we're doing. I think it helps a lot having three of four assistants back, so there are not a lot of great adjustments."

Quigley said when she arrived she had a meeting with the players and asked what they prided themselves in, what they did well and what each wanted to do to help the team get better.

"I think understanding you have 10 seniors back, we needed to meet in the middle on some things, and they've been awesome," Quigley said.

Still, there's a lot of work to be done. West Valley and Eisenhower in Yakima are ranked by coaches among the top three in state. The GSL, like last year, is a four-team minefield - CV and University are returning state teams and Mead, in particular, and Gonzaga Prep are formidable

The Bears were beaten by Prep in a five-game non-league match and needed four games against them in the title

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SPORTS

NOTEBOOK

Continued from page 37

clincher. Mead won the first two games in their match before the Bears rallied to win the final three. With three available state berths and six tough teams in the region, it's anybody's game.

CV's senior-laden team took up where it left off, led by All-GSL selections **KeAnn White**, the Bears top hitter, and setter **Jade Rockwood**. **Morgan Ness**, **Hannah Reiman** (plus junior **Sydney Johnson**, one of just four varsity underclass members), have

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been tough at the net as well and libero **Meghan Rockwood** anchors the back row.

Playoffs began Oct. 29.

Soccer in the mix

As young as CV's girls soccer team is, there were bound to be some bumps along the road.

But with an upset over preseason favorite Mead and win against rival University, both in shootouts, the Bears were 5-3 in the GSL (8-4 overall) and in a virtual fourway tie for third place with one match remaining.

Sophomore **Kaelyn Barnes** remained the team's leading scorer with 14 goals and freshman **Kailyn Labrosse** was up to eight as CV's main offensive threats.

Playoffs began Oct. 27.

Slowpitch softball familiar

Softball season began slowly for CV, which split its first four games, although the team did have a victory over rival University, the Titans' only loss.

But they won 14 of the final 16 games, including a streak of eight in a row, and lost to the Titans 18-16 the second time around.

The Bears finished second in the GSL with a 16-4 record.

There was a stretch of nine games in which Macie Reynolds had three or four hits in each. Jordan Schneidmiller, Hannah Anderson, Aubrey Williams and Maci Peha were others with big bats.

Tourney time for runners

Central Valley's boys and girls cross country teams will begin the race for state regional competition Oct. 31 and the state championships a week later. The Bears finished league season against Gonzaga Prep, the girls with a 6-3 record and the boys at 4-5.

Kearan Nelson and **Briegen Bester** have paced the veteran girls team.

Gabe Romney has led the new-look boys team this year. He and **Isaac Nicholls** are the only returnees from the perennial state qualifiers.

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BUY NOTHING, RECEIVE PLENTY

Facebook group a platform for sharing, connecting with neighbors

By Staci Lehman SPLASH CONTRIBUTOR

Want to make homemade salsa, but the grocery store tomatoes look a little sad? Maybe your baby is growing like a weed, and you don't want to spend top dollar on clothes he will grow out of in a couple months. Possibly your garage is full of old sports equipment and you want to make room to actually park your car.

The Buy Nothing project may be the answer to all those scenarios and more. Buy Nothing is a movement gaining momentum around the world. Its mission is to give people a way to give and receive, share and lend through a network of local "gift economy." In other words, instead of throwing away stuff you don't need, give it to someone who does. And instead of buying new things, ask if there is something you want or need.

"My granddaughter is coming, and I wanted to take her to the park, but I didn't want to buy a new stroller just for one day," said Shelli Dickinson, one of the volunteer administrators of the Liberty Lake/Otis Orchards-area Buy Nothing group. "So I posted a picture of a simple folding stroller. Four people offered to loan me a stroller and someone said they would give me one of those nice jogging strollers."

That's as complicated as Buy Nothing gets. Using a closed Facebook group page, members post items they want to get rid of and other members claim them. Buy Nothing is not need-based, and group administrators are quick to emphasize that it is not a charity. They say that it's really designed as a way to connect the community. Transactions between members create a chance to meet people you might not meet otherwise. There are no strings attached or any expectation of future reward.

Even so, sometimes it works out where someone is "repaid" for something they gave you. Dickinson was leaving town recently and had two gallons of unopened milk from Costco.

"They would have gone bad while we were away," she said. "So I posted it on the site, and the same woman who gave me the stroller claimed it."

There are a few rules for Buy Nothing: keep it legal, keep it civil and no buying or selling or asking for money. The most stringent rule, though, is that members are only allowed to join one group, the one closest to

where they live. This is to ensure that membership really is local, so people literally "give where you live," as the Buy Nothing website says. People interested in participating have to ask to join. Site administrators will confirm they are actually from either Liberty Lake or Otis Orchards before approving them.

There are also Buy Nothing groups in Spokane Valley, the South Hill and North Spokane. Areas that don't have a group can easily start one.

Once approved by site admin, Buy Nothing members can browse the page for available items or wait for them to pop up in their Facebook feed. Items currently on offer include garden vegetables, pet supplies, clothes and shoes, furniture and much more. A Victoria's Secret bra was even gifted recently on the site.

Participants comment on items they are interested in. Gifters can either give the item to the first person to respond, give it to the person they believe needs or wants it most, or even draw numbers to make the choice random. The person who receives the item makes arrangements to pick it up, have it dropped off or to meet the gifter somewhere to get it. The Wells Fargo kiosk in front of the Haggen store is apparently a popular transaction spot.

"I've pulled up there to drop something off or pick something up," said Dickinson, "and there will be several people waiting to meet people."

Not everyone finds what they are looking for on the site. When this happens, many people post what it is that they want or need.

"I have only used it to offer something a couple of times," said local real estate agent and Buy Nothing user Wendi Helmick. "I have seen the posts and haven't needed anything that has been offered."

She has used Buy Nothing to get rid of her teenage daughter's clothes and shoes that she quickly outgrows and that would otherwise clutter her home.



SPLASH PHOTO BY STACI LEHMAN

Darcie Jernberg gifts Shelli Dickinson a stroller for her granddaughter through participation in the Buy Nothing project.



"I am not into yard sales; I don't have time, and I am terrible at them anyway," Helmick said. "No use holding onto something that you already lost money on or that has fulfilled its use."

Like most people, Helmick found out about Buy Nothing through word of mouth.

"I was looking for a queen bed, and my friend added me to the group," she said.

It's not all clothes and household goods that people are giving and receiving. Administrator Dickinson said she recently needed zucchini for a recipe, so she posted a picture of a giant zucchini.

"A lady responded that she had some so I took her some other vegetables from my own garden," Dickinson said.

Another recent post was from a woman

who is helping a young family learn to eat better and was looking for extra mixing bowls, a slow cooker and bread pans.

The 300-plus members of the Liberty Lake/Otis Orchards Buy Nothing group range from young moms to senior citizens, and everything in between. There are more women than men that participate, and there are several foster families who use it to help equip their foster children.

"It is basically a hand-me-down system that neighbors in a small community would do back in the day, but now it is online," Helmick said. "People can reach a bit further and make things happen faster."

If you are interested in becoming a member, type "Buy Nothing Liberty Lake/Otis Orchards" into a Facebook search and request to join.

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